



REFLECTIONS FOR THE RESCUE

CHAPTER 27: RUN YOUR RACE ACTION PLAN

RESPOND:

- Knowing that you are ultimately living for an audience of one, what are your benchmarks? What do you want to achieve? Who do you want to be? What does God require of you?

REFLECT:

Who do you typically compare yourself with? Name a person or simply a type of person (married, financially secure, driven, thin, etc.)

Why do you compare yourself? In what areas of your life are you envious of others?

Take a moment and practice contentment. What's right in your life? What's good about your life today?