



## REFLECTIONS FOR THE RESCUE

### REFLECT:

After hearing some of my story, identify at least one drift in your life. What role did your feelings play in your drifting experience?

When did this drift happen? Why did it occur?

Are you in a drift? If you aren't sure, ask a friend.

### RESPOND:

Take the next step. Be brave enough to be vulnerable. Share a chapter from your story with a trusted friend. If you are not ready for this level of honesty, simply tell a friend that you are working on owning your story - drifts and all. Ask them to pray for you as you do.

### CHAPTER 4: GOOD GIRL...HIS GIRL ACTION PLAN