



## REFLECTIONS FOR THE RESCUE

### REFLECT:

What are some distractions that are preventing you from living fully aware?

How have you rationalized staying in a drift?

Are you desensitized? What used to bother you that you no longer notice?

What decisions have you made that have resulted in consequences you are living with now?

### RESPOND:

Write the affirmation down somewhere where you will see it and see it often:

I'm still here. God's not finished with me yet.

### CHAPTER 5: HERSHEY AND THE HIGHWAY ACTION PLAN