



## REFLECTIONS FOR THE RESCUE

### REFLECT:

Have you ever had a "break my legs, God" moment? What did that moment teach you?

Do you believe in the idea of a masterpiece for your life? Why or why not?

What made you pick up this book? What is happening in your life that makes you want to hit the reset button?

### RESPOND:

You are a masterpiece. Write down three uniquely beautiful things about the girl in you.

### CHAPTER 1: BREAK A LEG...OR TWO ACTION PLAN