



REFLECTIONS FOR THE RESCUE

CHAPTER 29: THE SISTER CIRCLE ACTION PLAN

RESPOND:

- Take time right now to text one or two of your girls and set a time to talk or meet up. Friendship matters.

REFLECT:

As you read this chapter, what feelings or thoughts came to mind about your own sister circle?

If you don't have a sister circle, think about who or where your sister circle might be. What women do you naturally have the opportunity to be around? Where might you share common backgrounds, life season, interests, or location? If you have one, think about who you may need to invite into your circle. Be open if God puts someone on your mind.

How can you be more intentional about encouraging your sister friends to honor their lives? How can your friends help you to honor your own? When is the last time you talked or got together?