

CONSEQUENCE

JOYFUL

RELATIONSHIPS

FORGIVING

BEHAVIOR

GIVES THANKS

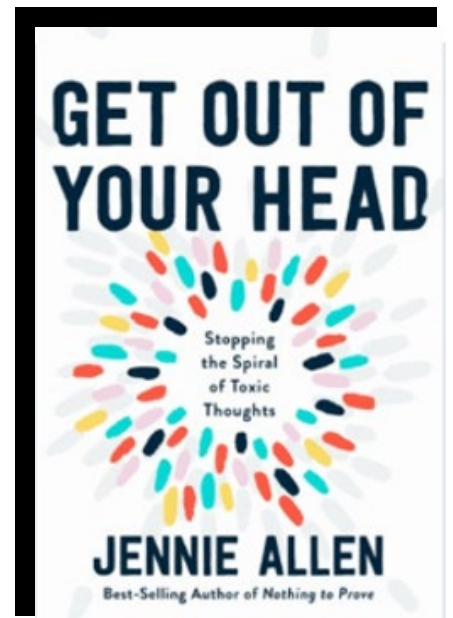
THOUGHT

MY CIRCUMSTANCES ARE AN
OPPORTUNITY TO
EXPERIENCE GOD

I CHOOSE TO BE GRATEFUL

EMOTION

i.e. SELF-PITY



Chapter 13:
Not Overcome

*I choose to be
grateful no
matter what life
brings.
~Jennie Allen*