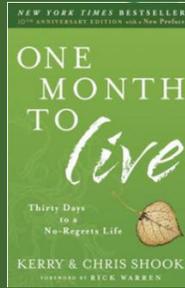


ROSES *and* THORNS BOOK CLUB



DAY 2: Roller Coaster - Riding the Big Dipper

MAKE IT LAST FOR LIFE:

If you were certain your life as you know it would end in a few weeks, what would be your biggest regret? Why?

In what area of your life are you suffering from the Someday Syndrome? Make a decision today never again to use the phrase "someday, when things settle down." Realize that today is your someday!

Instead of a roller coaster, what symbol or metaphor would you choose to describe what your life would look like if you were fully engaged? Try to come up with something as unique as you are. Learn how you can grow deeper in the spiritual walk. Visit www.onemonthtolive.com for suggestions.