



# How to Apply Sankofa Shield

**Follow these steps!**

**1**



Spray directly onto exposed skin for an initial layer of defense.

**2**



Rub oil onto the skin to enhance coverage and longevity

**3**



For facial application  
Spray into your hand first

**4**



Then gently apply to your face using your hands to ensure even distribution

**5**



Reapply every two hours—if you can't smell it, neither can the bugs!

