

INITIAL GET ACQUAINTED MEETING IDAHO

Welcome! The purpose of our initial meeting is to see if it makes sense to work together. You have specific needs and I have specific training and background. We can discuss if it seems like it's a good fit. There's no fee charged, and no obligation to continue working together after we meet. This first meeting does not mean or imply that we have entered into a therapeutic relationship. (There's more paperwork required before we formally are working together in therapy). Please be aware that I take notes, even of our get acquainted session, in case we do work together in the future. It's also important to note that counselors have ethical standards for confidentiality **but we are also mandated reporters** so there are legal limits to confidentiality even during our get-acquainted time. Reasons to break confidentiality may include: the suspected abuse of a child or vulnerable adult, or a clear threat to do harm to self or others. See more details below regarding limits to confidentiality.

Please fill out the following information before we meet:

Name: _____

Physical Address: _____

Phone where I can reach you and leave a message: _____

Emergency Contact:

Name: _____ Phone: _____ Relationship: _____

What's your primary reason for seeking therapy at this time? _____

What would you like to accomplish? _____

Limits to Confidentiality -----

There are **legal exceptions to confidentiality** as defined by Idaho Law. The following situations are those in which the information you have shared with me may be shared with others:

- a) The client gives written permission to share confidential information, or in the case of death or disability, the client's personal representative.
- b) Where there is reasonable suspicion or report of abuse to vulnerable populations, including children, elderly persons, or individuals who are unable to advocate for themselves.
- c) Where you present serious and foreseeable harm to yourself or others.
- d) If mandated by law such as ordered by a judge for the purpose of a legal proceeding.
- e) In specific cases of law enforcement emergency for national security issues.

Emergency Numbers: General Emergencies: dial **911** or go to your nearest emergency room.

Otherwise you may dial the Idaho Suicide Prevention Hotline if you are in crisis at **(208) 398-4357**

My signature indicates I have read and understood the information provided above. I also note that my signature **does not imply** I have entered i

nto a therapeutic relationship with Jack Venbrux, LCPC.

Signed: _____ Date: _____

Therapist Signature: _____ Date: _____