

Some Referral Possibilities Counselors in Pullman Moscow September 2018

Please note: This is a very incomplete list of counselors and not totally up to date. Web searches or looking at psychology today for Pullman or Moscow will bring up others. The counselors are listed in no particular order. I started this list for couples counselors and decided to extend it to others I have discovered over time. Most couples counselors listed below do individual counseling also, but you will have to check on that. Also, some counselors use insurance and some do not. If you call someone listed below and they are full, perhaps they can suggest other possibilities. This is not an endorsement of these counselors or their approaches, it is simply a list of possibilities for you to consider. Of course, use your own judgment. I have moved my practice to Coeur d'Alene, Idaho. Take good care – Jack Venbrux, MA, LMHC, LCPC (Redeeming Hearts)

-- Some Therapists in Pullman -----

- Shannon Tappana, MSW, LICSW (509) 314-4823 individuals (adults, teens, children). Relational therapy, EMDR, Solution Focused,... One Breath: Life Studio (see website and psychology today)
- Dr. Len McCoy works with individuals in Pullman, including personality disorders: (509) 338-9100
- Liana Shull, LCSW I've heard she's just starting a private practice, might still be working some with Palouse River Counseling, and I believe she uses CBT, EMDR, DBT, EFT: (509) 334-1133
- Victoria Howells, MA, LMHC (509) 631-9751 is in Pullman and works with a variety of issues Including anxiety, depression, college students, women issues, children (Does not do couples)
- Dr. Mark Summerson does a lot of couples therapy and uses EFT phone 509.330.5456 website: <http://www.marksummersonphd.com/>
- Dr. Jennifer Labowski, does couples therapy. 509-334-0677
- Dr. Laurie Smith, does couples counseling, and does premarital counseling. (509) 595-5225
- Dr. Melanie Whetstine <http://www.melaniewhetstinephd.com/> 509.330.5456 she is in the same office with Mark does couples therapy.
- Dr. George Langfield (I've heard he has taught classes on anger and will do couples work—I've heard his approach is more cognitive behavioral than emotion/attachment based) 509-334-0782

Other Possibilities in Pullman -----

- Palouse Recovery Center – has counselors and groups specialized in addictions (509) 334-0718
- Palouse River Counseling – has a team of counselors, groups, crisis management, works with addictions, DBT, and other sets of skills... (509) 334-1133
- If you are a student at WSU, possibly their WSU counseling services center: (509) 335-4511

- **Moscow** (a very incomplete list... as I haven't become acquainted with many counselors there)---
- Dr. Susan Simonds does Couples Therapy. 208-883-0619. She does EFT (emotions focused therapy)
- Kathy Kwiatkoski does couples therapy and uses EFT. She is also familiar with EMDR and Lifespan Integration. As of 2016 she indicated she's not on insurance panels. Her phone number is: (208) 310-6774
- Liz Miller, LMHC, LPC, couples & premarital couples, individual adults. Gottman, EFT, trauma, grief, etc <https://LizMillerCounseling.com> (208) 892-9041
- Dr. Alicia Hu does individual work, uses Sensorimotor Psychotherapy, is in Moscow Ph.D. phone: 208-883-0619 At least in 2016 she was taking medicare.
- Julie Reynolds, MA, LMHC, trauma and EMDR, also does couples, Moscow (210) 417-4833
- April King Rubino, LCPC Integrative Mindworks, a variety of therapy approaches: 814 S Washington Street Moscow, Idaho 83843 (208) 427-3669 <https://integrativemindworks.com>