



HEALTH PROTOCOLS

At a Glance

PERSONAL CARE & BEAUTY PRODUCTS

Use this section as a quick reference of ingredients to avoid per health condition.

ADHD	BRAIN HEALTH	HORMONES (Endocrine Disruptors)	CANCER
<ul style="list-style-type: none">• Triclosan*• Parabens• Fragrance• Methylisothiazolinone• 1,4 Dioxane	<ul style="list-style-type: none">• Triclosan• Parabens• Fragrance• Methylisothiazolinone• Phthalates• 1,4 Dioxane	<ul style="list-style-type: none">• Triclosan• Parabens• Fragrance• Phthalates• Methylisothiazolinone	<ul style="list-style-type: none">• DEA, MEA, TEA• Fragrance• Parabens• 1,4 Dioxane• Formaldehyde Releasers

PRENATAL/ PRENANCY	ECZEMA/ ALLERGIES	WEIGHT
<ul style="list-style-type: none">• Triclosan• Parabens• Fragrance• Phthalates• Methylisothiazolinone	<ul style="list-style-type: none">• Triclosan• Parabens• Fragrance• Phthalates• Methylisothiazolinone• Sodium Lauryl Sulfate	<ul style="list-style-type: none">• Triclosan• Parabens• Fragrance• Phthalates

➤ Personal care & beauty product-only ingredients listed above.

➤ This is not a comprehensive list; only the ingredients from The Slightly Greener Method are listed in the Health Protocols. Talk to your doctor for more information.