



## Patient Notice of Our Privacy Practices

Please review the following notice that describes how health information about you may be used and disclosed and how you may get access to this information.

This is **Family Psychological Center P.A.'s ("Center")** notice to you of how certain health information regarding you may be used or disclosed by this Center. We are required by law to provide you with a description of our Privacy Officer named below:

- The effective date of this Notice is April 2003. You will be provided, either by mail or in person with a copy of any amendments or changes to this Notice.
- This Notice should be delivered to you no later than the date of the first encounter with you as a patient or, in an emergency situation, as soon as possible after the emergency treatment situation.
- This Center is required by law to maintain the privacy of your protected health information and to provide you with a notice of our legal duties and privacy practices with respect to your protected health information.
- Should you believe that your privacy rights have been violated, you have the right to file a complaint with the Privacy Officer or with the Secretary of Health and Human Services at the address set forth below. Complaints should be in writing with a description of the events under which you believe your privacy rights were violated. Please give us as much detail as possible in your complaint. This will help us investigate your complaint. It is our policy not to retaliate against any patient for filing a complaint involving a violation of their privacy rights.

### Privacy Practices

#### *Disclosure of Your Health Information by Us*

We may use or disclose your protected health information for purposes of treatment, payment or healthcare operations without your consent or authorization. This information may be transmitted by electronic transmission, by fax transmittal or by e-mail.

**Treatment** "Treatment" is defined by the Department of Health and Human Services in its Privacy Standards as "...provisions, coordination, or management of health care or related services by one or more health care providers...." This means that for our own purposes we may use or disclose protected health care information among our employees and other staff professionals of the Center for the purpose of treating your condition. Furthermore, we may disclose your protected health information to other health care providers if we make a referral or if we seek consultation or review by another health care provider.

**Payment** "Payment" is a rather broad term. An example of a "disclosure or use of protected health care information" for payment purposes would be submitting a claim to your insurance carrier so as to be reimbursed for our services. Other examples include activities such as determining eligibility of coverage under your insurance plan, collection actions, or answering questions by your insurance company so as to determine whether there was a medical necessity for the procedure or diagnosis performed by us or at our direction.

**Health Care Operations** The final category under which we may use or disclose your protected health information without your permission is for "health care operations". This category includes a wide range of day-to-day activities performed by us such as quality assessment, case management and care coordination, contacting other providers about care alternatives for you, conducting internal training programs for supervisory purposes, and activities associated with the licensing and issuance of credentials for our staff.

**Our Contacts with You** Periodically, we will issue appointment reminders, provide follow-up information on treatment alternatives, and possibly offer other treatment related services to you. Typically, we conduct these contacts by mail and telephone. If you do NOT wish us to leave messages on your telephone answering machine or to receive mail at your residence, contact us. You do have the right to ask us to contact you in a confidential manner, and we will do our best to accommodate you.

**Disclosure to Others** You will be asked to sign an authorization if you wish us to disclose your protected health information to others and the disclosure is for something other than payment, treatment or health care operations. You will always have the right to revoke an authorization at any time, except to the extent this Center or any other providers have already taken an action in reliance upon your authorization.

**Disclosures Without Your Consent or Authorization Under Arkansas law**, there are specific conditions or events that must be disclosed to third parties or state agencies whether or not you authorize this use or disclosure. These categories include:

- (a) Incidents of suspected child abuse;
- (b) Homicide threats;
- (c) Suicide threats;
- (d) Court orders.

### **Patient Individual Rights**

You have the following rights, which may be exercised by you at any time:

- (a) The right to request restrictions on certain use and disclosure of your protected health information. However, please note that we will not be required to agree to these restrictions, particularly if, in our opinion, they interfere with treatment, payment, or other health care operations. However, we are willing to work with you in good faith to implement any restrictions you request. Should we disagree with the restrictions you place upon us, we will notify you in writing and suggest alternatives including seeking another health care provider.
- (b) You have the right to receive communications from us in a confidential manner as noted above.
- (c) You have the right to inspect a copy of your health information in our file at any time.
- (d) You have the right to amend incorrect or incomplete information or to provide a statement as to the reasons you believe the amendment regarding incorrect or incomplete information should be included in your file. However, we are not able to amend or alter health information about you we receive from another health care provider.
- (e) You have the right to receive an accounting from us of all disclosures of your protected health information made to third parties other than for treatment, payment, or health care operations purposes. However, this accounting will be subject to certain restrictions and limitations as set forth below.

### **Restrictions with Regard to Accounting**

Your right to an accounting will not include the matters set forth below. An accounting with regard to your personal health information will NOT include the following terms:

- Internal use by us of your information for treatment, payment or health care operations purchases.
- Disclosures made to you by us or at your request (or the request of your personal representative) to third parties.
- Disclosures made by you to our answering system when you contacted us after hours.
- Disclosures made to family members or friends in the course of providing care to you.
- Disclosures made by us for law enforcement, national security, or intelligence purposes if the requesting officer asks for non-disclosure by us for a specified period of time.
- Disclosures made to the Department of Health and Human Services, if you have filed a complaint with that organization believing that your privacy rights have been violated.
- Therapy notes and clinical observations made during treatment sessions.

### **Questions and Concerns**

For more information contact our office manager/privacy officer:

**Attn. Office Manager  
Family Psychological Center, P.A.  
623 N. Walnut St.  
Harrison, AR. 72601  
(870) 743-6225**