

## **CCS Service Arrays**

Individual Skill Development and Enhancement

Wellness and Recovery

Psychoeducation

## **CLTS Service Arrays**

Family and Unpaid Caregiver Supports

#### **Counties Served**

Serving clients in Polk, Burnett, Dunn, Barron

Washburn, and St. Croix Counties.

#### **Speciality Areas**

Working with Youth who have Trauma and Behavioral Issues

Life Skills Instruction: Automotive and Small Engines, Carpentry, and Animal Care

Lived Experience

Outdoorsmanship

Parent Coaching for Dads



# Josh Radomsky

# Provider (Paraprofessional)

Josh brings a unique approach to Rising Phoenix that has proven highly effective at reaching youth with trauma and conduct-related challenges. This comes from the perspective of having once been such a youth himself. Josh went to rehab for the first time at age 14, lived in a group home for a time, and finally got clean and found recovery at age 27 (13 years of recovery and counting).

His lived experience story doesn't end there, however. Josh is a father of 7 children, one of which has autism and also hears voices. As Josh explains it, "I am not a perfect dad. I make mistakes, but am excellent at apologies. It takes humility for a parent to apologize to a kid". Before getting an accurate diagnosis, he often mistook his daughter's challenges for defiance. However, once he was armed with accurate information, Josh learned that he couldn't parent all 7 kids with a "cookie cutter" approach. Josh attributes this realization to becoming a better dad for all of his children, "It's been a wonderful growing experience as a father".

These experiences give Josh a tremendous amount of empathy for his clients. When asked about potential referrals, Josh frequently comments that, "I was once just like that", or, "I bet you my daughter would look pretty bad on paper too, but I know what a great kid she is". Such perspective helps Josh to be engaging and extremely relatable while also knowing how to be respectfully challenging.

Josh is also an excellent teacher, having taught vocational and life skills like automotive and small engine repair, carpentry, and animal care to a variety of populations. A "Jack of All Trades, Master of None", Josh can teach almost any trade on a basic level, leaving more advanced concepts to the experts. As an avid outdoorsman, Josh now gets to add these skills to what he can share with his clients as well. Through these activities, Josh is able to impart wisdom and life lessons in a way that is enjoyable and engaging.

Josh's story is a great reminder that while "none of us looks good on paper" when going through the rough patches in our lives, there can be success and healing on the other side.