



# Melanie Peterson

Provider (Bachelor)

“Follow your dreams”

Melanie brings 18 years of experience working with children and families through CESA 11 Head Start to Rising Phoenix. Melanie has enjoyed a long career of simply helping families to be better versions of themselves. This experience has given Melanie a great skill set and passion for parent coaching, teaching life skills and coping strategies, and working with children.

When asked about her motivation for those 18 years of service, Melanie said, “I enjoy helping people and listening to people’s stories”. She also prides herself on being optimistic, focusing on her client’s strengths, and making her work fun. Melanie attributes much of her success and longevity in her previous role to being able to be herself and show the understanding and openness that became her trademarks.

Melanie has expanded on those themes in her work with Rising Phoenix by incorporating her passions for fitness, sports, and the outdoors. Melanie explained that “Sports have been my lifeline” and that she is an avid outdoors enthusiast. In fact, you would be hard pressed to find a sport or outdoor activity that Melanie doesn’t like. This fun-loving and adventurous nature is what has enabled her to be resilient and helped Melanie through stressful times. She has enjoyed bringing this important element to her clients in CCS.

## CCS Service Arrays

Individual Skill Development and Enhancement

Wellness and Recovery

Psychoeducation

## CLTS Service Arrays

Family and Unpaid Caregiver Supports

Health and Wellness

Empowerment and Self-Determination

## Counties Served

Serving clients in Chippewa, Dunn, Pepin,

Barron, St. Croix, Polk, and Pierce Counties.

## Speciality Areas

Children and Families

Parent Coaching

Life Skills and Coping Strategies

Wellness, Sports and the Outdoors

