

Melissa Lindloff

Provider (Bachelor)

Melissa possesses a bachelor's degree in Social Work from UW-River Falls. The bulk of Melissa's experience had been working with different mental health and wellness programs in Chicago and Minneapolis. Her experiences had been in working in various capacities within the mental health field, including: mental health case management, employment services, and as a paraeducator in a school special ed department.

Throughout Melissa's tenure she has demonstrated her ability to meet people where they are at with their goals. Melissa has great experience assisting with housing, employment, and other independent living goals. Melissa is highly creative in her support of individuals, thinking outside the box to help meet her clients' needs. Melissa's specialty is working with individuals on the Autism spectrum, and she has had success working with this population in numerous capacities.

During her free time Melissa chooses to educate herself on Autism through reading, being an active member of several groups that are designed to help support people with Autism and those who care for these individuals. Melissa has an excellent talent for building confidence in those she is assisting and planting seeds of growth and opportunity.

Melissa married her high school sweetheart. Over the last 20 years she and her husband continued to grow as a family with 3 children. Parenting is a role Melissa takes very seriously, while taking a short break in her career. Melissa remains very involved in her children's lives, at home and school. As Melissa states, "I pride myself on being at every event to cheer my children on every step of the way, one of my life lessons, everyone can use a little support." When Melissa is getting time for herself, she enjoys singing in the choir, reading, crime television and walking the family dog.

While balancing life Melissa has learned excellent strategies to assist others to establish boundaries, organizational techniques, budgeting and more. She is excited to meet you wherever you're at on your journey and to share this knowledge so that it may help you on your way.

CCS Service Arrays

Individual Skill Development and Enhancement

Wellness and Recovery

Psychoeducation

CLTS Service Arrays

Family and Unpaid Caregiver Supports

Health and Wellness

Daily Living Skills

Counties Served

St. Croix, Pierce, Polk, Burnett, Pepin, Dunn,

Barron, Chippewa, and Washburn County.

Speciality Areas

Parent Coaching

Life Skills and Coping Strategies

Working with people with Autism

Working with people with co-occurring Developmental Disabilities and Mental Health