



Dakota Adler

Provider (Paraprofessional)

My Story:

I grew up in a highly manipulated environment. Drugs were prevalent on my mother's side, and I spent a significant portion of my childhood surrounded by methamphetamine. From the age of two to six, I was subjected to molestation by both of my "Grandparents" on my mother's side. I moved in with my father in Bloomington, Minnesota, when I was seven years old. I became involved with the wrong group of friends and was constantly in trouble at school, as well as running away from home for weeks on end. Finally, in eighth grade, I relocated to Turtle Lake, Wisconsin, where I graduated.

With everything that has happened to me, I now want to help others who have been in my shoes. I am a freshman at the University of Wisconsin Stout studying Human Family Development and pursuing a master's degree in social work. Everyone, in my opinion, should have a mentor to help them succeed. No matter how bad your life is right now, you still have the power to change it for the better. I am passionate about working with children and adults who are suffering from mental illnesses, as well as working through trauma. I worked as a CNA for about two years, and it gave me the opportunity to help people who are struggling with mental health. I've also received my lifeguard and first aid certifications.

In my free time, I enjoy sports, particularly softball, volleyball, and basketball. I also enjoy hiking, ice fishing, hunting, and simply having fun.

CLTS Service Arrays

Daily Living Skills

Health and Wellness

Empowerment and Self-Determination

Counties Served

Chippewa, Buffalo, Barron, Dunn, Pepin,

St. Croix, Pierce

Specialty Areas

Lived Experience

PTSD and Trauma Healing

Survivors of Sexual Violence

Outdoor Integration

Wellness, including Adaptive Swimming

