

Mel Degenhardt

Provider (Peer Specialist)

"You've come so far, don't give up now"

Melinda (Mel) is a compassionate advocate whose life journey has shaped her into a beacon of hope for those navigating the complexities of mental health and addiction. Growing up in a turbulent environment, Mel faced numerous challenges that would have overwhelmed many. She experienced the emotional scars of instability, but through resilience and determination, she emerged with a deep understanding of the struggles faced by children and young adults.

With a heart full of empathy, Mel dedicates her life to supporting others who find themselves in similar situations. She believes in the power of connection and actively works with youth and adults, guiding them through their own challenges with mental health and/or addiction. Her approach is rooted in a genuine love for people and an unwavering commitment to fostering healing and growth.

Mel has spent time volunteering at local shelters and community centers, where she helps empower individuals to share their stories and find strength in vulnerability. She is known for her warm demeanor and ability to create safe spaces where clients feel heard and valued.

Driven by her past life experiences, Mel continually seeks to expand her knowledge and skills in the mental health field. Through her work, she inspires hope, resilience, and the belief that recovery is possible.

As a mentor, Mel encourages individuals to embrace their journeys, no matter how difficult. Her life is a testament to the idea that turmoil can be transformed into strength, and she remains dedicated to ensuring that every child, young adult, and woman she encounters knows they are not alone. Mel is not just a supporter; she is a guiding light for many, paving the way for brighter futures.

My job makes me happy it is truly my passion. I also enjoy music, spending time with my family and listening to the birds. Favorite hobbies and activities are fishing, camping and sports of all sorts.

CCS Service Arrays

Individual Skill Development and Enhancement

Wellness and Recovery

Psychoeducation

Peer Support

CCS Service Arrays

Parent/Unpaid Caregiver Support

Counties Served

Serving clients in Chippewa, Rusk, Barron,

Buffalo, Pepin, Dunn, Pierce, and Washburn.

Speciality Areas

Substance Use Recovery Coaching (CCAR)

Peer Support

Parent Coaching, esp. involving Recovery Court or CHIPS reunification

Ex-Offender Reintegration

Outdoor Integration