

Quilts for Kids Check Mate Pattern

www.NEGAquiltsForKids.org



Fabric Requirements:

- 3/4 Yard Focus fabric
 - o Sub cut into **3** - 8 1/2" WOF strips
- 1/4 Yard Fabric A
 - o Sub cut into **2** - 2 1/2" WOF strips for 4 patch
- 1/4 Yard Fabric B
 - o Sub cut into **2** - 2 1/2" WOF strips for 4 patch
- 3/4 Yard neutral fabric
 - o Sub cut into **4** - 2" WOF strips for sashing
 - o Sub cut into **4** - 3 1/2" WOF strips for border
- 1 1/2 yard piece for backing

Use a good quality cotton thread and not clear monofilament, as it melts in dryers.

A 1/4" seam allowance is used for all seams.

Finished quilt size is approximately 38" wide by 44" tall.

Crib size cotton batting will be needed.

Assembling the 4 Patch Blocks:

1. Sew a 2 1/2" strip of Fabric A to a 2 1/2" strip of Fabric B to make a strip set. Make two. Press seam to dark side for both.

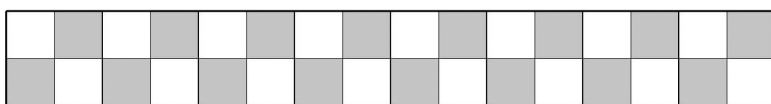
2. Sub cut the strip sets into **32** - 2 1/2" wide units.



3. Sew units into 16 four-patch blocks. Alternate Fabric A and B to make a checker pattern, nesting seams.



4. Create two rows of 4 patch blocks - 8 blocks per row. The strips should measure about 32 1/2" wide by 4 1/2" tall.

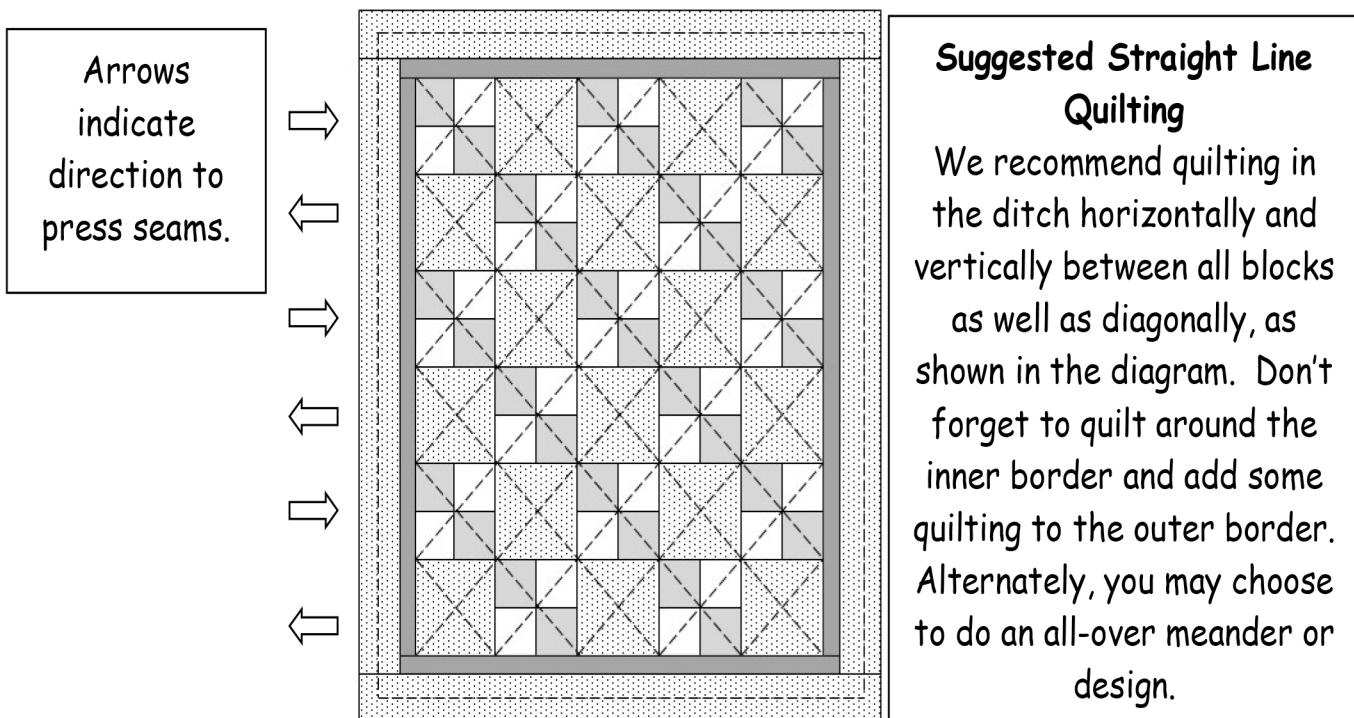


4. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.

A note on BATTING: Use 1/8 - 1/4 inch LOW LOFT batting. Cotton is preferred to Poly-fil type batting.

A note on QUILTING: This quilt will be loved and washed a lot, so make sure that there's lots of quilting to hold up to daily hospital washings. Unfortunately, hand-tied or hand quilted items will not hold up in a hospital environment.

5. Baste the quilt layers then **MACHINE** quilt. Quilt in the borders as well.



6. Bind the quilt as you normally would, using traditional binding or folding the backing to the front of the quilt, using a machine stitch. *To use the backing as a binding, cut the batting even with the top of the quilt but leave the backing an inch larger. Double fold the backing onto front of the quilt and top stitch.

Note: A Zig-Zag stitch will help keep binding edges down so won't snag on I.V. or other items. Keep binding on front of the quilt to $\frac{1}{4}$ to $\frac{1}{2}$ " wide. **REMOVE ALL PINS!**

7. Wash and dry the completed quilt. Return the finished quilt at a Workshop, Quilt Shop, or Quilt Guild or contact us to arrange a pick up.

Thank You for your support of Quilts for Kids!