

Rail Fence Pattern

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Fabric Requirements:

- 1/3 Yard each of 4 coordinating fabrics
 - o Sub cut each into **5** - 2" WOF strips for a total of 20 strips
- 1/4 Yard for Inner Border
 - o Sub cut into **4** - 1 1/2" WOF strips
- 1/2 Yard for Outer Border
 - o Sub cut into **4** - 3 1/2" WOF strips
- 1 1/2 Yard for Backing

Use a good quality cotton thread and not clear monofilament, as it melts in dryers.

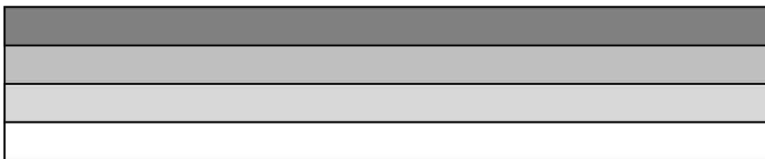
A 1/4" seam allowance is used for all seams.

Finished quilt size is approximately 38" wide by 44" tall.

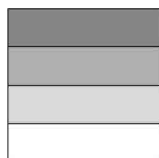
Crib size cotton batting will be needed.

Assembling the Strip Blocks:

1. Make 5 strip sets using one strip each of your 4 coordinating fabrics. Sewing in the same order for each set. Press seam allowance to darker fabrics.



2. Sub-cut these strip sets into 30 units that measure 6 1/2" x 6 1/2".

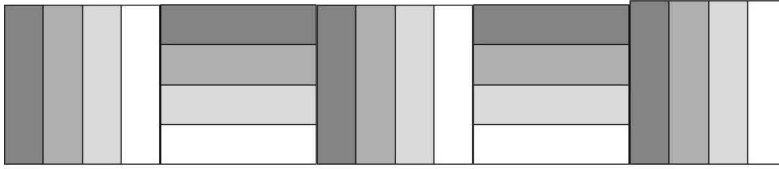


3. Create 1 row with 5 of the blocks as shown below. In these rows, turn the 2nd and 4th blocks one time. Make 3 of these sets.



Quilts For Kids motto: One Stitch, one Quilt, one Kid at a time...

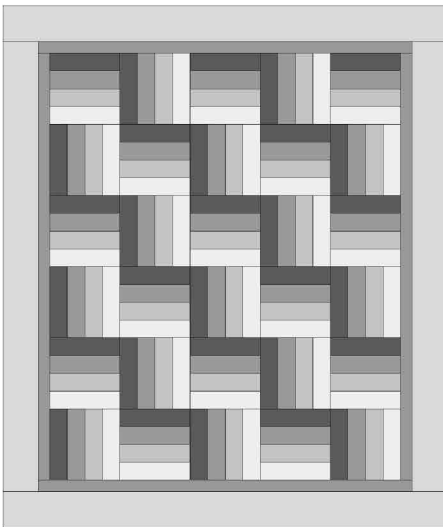
4. Create another row with 5 blocks, but this time turn the 1st, 3rd and 5th blocks as shown below. Make 3 of these sets.



5. Add the side inner borders first. Then add the top and bottom inner borders.
6. Add your outer borders in the same manner as the inner borders, first adding the side borders and then adding the top and bottom borders. Your quilt top should look like the diagram below.

A note on BATTING: Use 1/8 - 1/4 inch LOW LOFT batting. Cotton is preferred to Poly-fil type batting.

A note on QUILTING: This quilt will be loved and washed a lot, so make sure that there's lots of quilting to hold up to daily hospital washings. Unfortunately, hand-tied or hand quilted items will not hold up in a hospital environment.



Suggested Straight Line Quilting

We recommend quilting with stitch-in-the-ditch technique horizontally & vertically between all blocks as well as diagonally (depicted by dashed lines in the left diagram).

Don't forget to quilt around the inner border and add some quilting to the outer border.

If you desire, do an all-over meander or design.

Add "Lots of Love"
to the quilt.
The kids feel it!

7. Baste the quilt layers then MACHINE quilt. Quilt in the borders as well.
8. Bind the quilt as you normally would, using traditional binding or folding the backing to the front of the quilt, using a machine stitch. *To use the backing as a binding, cut the batting even with the top of the quilt but leave the backing an inch larger. Double fold the backing onto front of the quilt and top stitch. Note: A Zig-Zag stitch will help keep binding edges down so won't snag on I.V. or other items. Keep binding on front of the quilt to 1/4 to 1/2" wide. REMOVE ALL PINS!
9. **Wash and dry** the completed quilt then fold and place in a 2-gallon Ziploc bag for return at a Workshop, Quilt Shop, or Quilt Guild or contact us to arrange a pick up.

Thank you for the hours you invested in making this quilt...it will provide years of comfort!