



Quilts for Kids:

Volunteer quilters transforming fabrics into patchwork quilts that comfort children in need

Northeast Georgia Chapter

February 2021

www.NeGaQuiltsforkids.org

January is a continuation of medical concerns for my husband and we aren't finished yet. It's a very long and distorted story. Short version: miscommunication caused us not to be properly prepared for surgery for the kidney stone extraction and the alternant method didn't work. So we are headed back to surgery in a couple of weeks. We are not happy but under the circumstances, it's not too bad. We fell through the cracks which happens.

As for our chapter, we were the beneficiary of many donated quilts by Jane B. and her friend Linda who lives in California. Together they donated 27 quilts on January 21st. I met Jane at Quilt-n-Kaboodle for the donation and also picked up 3 quilts from our bucket located in the shop where we leave kits to sign out. That's a total of 30 quilts for the day. A record breaking day! Thanks ladies!!!

As Covid is still rampant in the area, our hospital is still full of patients and the Pediatric section has been moved to the Mother/Children (Labor and Delivery) area. I am still taking quilts to them as they still have some kids who need care. The old Pediatric area has been converted to medical area for older patients and some who have Covid.

I hope that you are able to find the vaccination if you choose to take it. It's been difficult here but is available. I'm hearing more of us are experiencing illness among our families and friends. Stay safe and keep quilting.

In communicating with Jane about her quilt donation, I expressed that quilting has been my saving grace to keep me busy and productive. She told me of a quote from her guild's newsletter that has stuck with her over the years: "Quilting takes me places when I have to stay where I am." Isn't that the truth?

For the heck of it, I googled this saying and many of the sites that came up regarded donating quilts, where, how etc. Guess we're doing what we should during the pandemic.

Stay safe, Keep on Quilting!

Betty Wright, chapter leader

Northeast Georgia Chapter
of Quilts for Kids

One stitch, one quilt, one kid at a time...

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I interrupt this newsletter to say,
January is officially a bad month for me. Aside from the challenges mentioned on page 1, please add

#1 my van needs 3 new catalytic converters to the tune of \$3400

#2 I fell that same afternoon (Wednesday) and managed to break 3 ribs. They say you'll know if you have broken a rib, it hurt but not that bad, I thought. Until Saturday when I decided to go to the ER. No pneumonia but ribs #6, 7, 8 are broken. The one pain pill they gave me worked great, now to fill the Rx and take it easy for awhile. Guess I'll listen cause it sure hasn't been fun.

As for the van, I'll continue to drive it until this crisis is over. Hate to part with the old girl, she's been a dandy for 20 years.

HEALTH BENEFITS OF QUILTING



- **RELIEVES STRESS**

The meditative action of quilting encourages positivity and feelings of relaxation

- **PROMOTES BRAIN GROWTH**

The creative nature of quilting encourages the formation of new brain cells

- **HAPPINESS**

Quilting increases dopamine in the brain, which makes us feel HAPPY!!

- **FIGHTS DEMENTIA**

Quilting keeps the mind clear, focused, and active, which can help prevent dementia as we age

- **IMPROVE YOUR HAND & EYE COORDINATION**

Quilting requires a certain type of attention to detail, that encourages coordination, especially hand & eye

As promised, here's a few photos from my daughter's wedding.





Drop off Sites for Quilts

Check with shop for store hours

** Kits to sign out to sew are available also.*

Georgia Sewing & Quilting*

81 Maddox Buford. GA

Thread Bear Fabrics

515 Sawnee Corners Blvd #500, Cumming, GA 30040

Hall County Quilt Guild *

Chestnut Mtn Presbyterian Church 4733 Winder Hwy

(Hwy 53) Flowery Branch, GA on 1st Monday 10am to noon in Fellowship Hall

Quilt N Kaboodle*

1628-B Highway 115 East, Cleveland, GA 30528

Quilt Deliveries

January

Northeast Ga Med Ctr

34

MONTHLY TOTAL

34

This Year

34

Since we started in 2012.....

6009***

*****Way to go folks! Another milestone!**

Workshop Dates

Family Life Center (A/C Room)

First Baptist Gainesville
751 Green Street Gainesville, Ga. 30501

Cancelled until further notice

Hopewell UMC Fellowship Hall

4723 Hopewell Church Road
Gainesville (Murrayville area)

Cancelled until further notice

Nicholson (Quilting with Friends)

175 Lakeview Dr. Nicholson, GA 30565

Cancelled until further notice

Gainesville Evening

311 Jesse Jewell Parkway Ste 101
Gainesville (Downtown)

6:30 PM

Cancelled until further notice

**Bring your machine or cutting materials and your lunch
and join us for cutting, sewing and fellowship!**

