

Northwood Park Swim Club

Rules and Regulations

(Revised June 2021)

The following rules and regulations are for the benefit of all members. These rules have been established to assure safe, sanitary and enjoyable operation of the pool and adjoining facilities. The rules may be revised, or additional rules established at any time the situation warrants by the Board of Directors.

Section A - Definitions

- **Pool Area** – All reference to pool area in the Rules and Regulations refers to the area inside of the fence including the pool, deck, and grass areas.
- **Deck Area** – All references to the deck area refers to all of the cement area around the pool.
- **Grass Area** – All references to the grass area include all grass and bark dust portions and may also be referred to as the “picnic” or “group activity” areas.
- **Pool Member** – Certificate holder(s) and the legal dependents of their household. (Bylaws, Article IV, Section 3)
- **Lifeguard** – A person with current American Red Cross Lifeguard, National Pool and Water Park Lifeguard, YMCA Lifeguard (or equivalent as determined by the Health Division) certification or license.

Section B - Pool Procedures

1. **PRIVILEGE OF DUES:** The facilities will be available to those members having paid their dues. Members who have not paid their dues shall not be allowed to use the facilities. (Bylaws, Article IV, Section 2)
2. **ENTRANCE:** Entrance to the pool area is permitted only through the main gate and by member key/code. Keys may not be duplicated, and key codes may not be shared with non-members.
3. **SIGN IN:** Upon arriving at the pool, members must sign in by last name and member number. Guests must be registered on the membership sign-in sheet located on the lifeguard stand.
4. **SHOWER:** State regulations require all swimmers to take a cleansing shower before entering the pool. (OAR 333-060-0210(3)(c))
5. **SAFETY:** Parents are urged to caution their children to obey pool rules and procedures at all times when they are in the pool area. **THE LIFEGUARD HAS ABSOLUTE AUTHORITY WHILE ON DUTY AND MUST BE OBEYED.** If violations are noted, the lifeguard may ask the violator(s) to leave. Any lack of cooperation with the lifeguard may be referred, if necessary, to the Board of Directors for action. (NOTE: If you do not agree with the rule interpretation, accept the rule at the time, and discuss it later with the pool manager or the President of the Board.)
6. **CONCERNS:** Any questions or concerns that arise during your time at the pool can be brought to the attention of the lifeguard, the pool manager, or a member of the Board of Directors.

Section C - Pool Hours and Usage

A LIFEGUARD IS ON DUTY DURING ALL REGULAR, LIMITED AND HOLIDAY POOL HOURS. Regular hours will be in effect when school is out. **Limited hours** apply while Salem-Keizer School is in session (after Memorial Day until school is out and after Labor Day until pool closing). **Holiday hours** are also listed below.

Regular Hours:

Monday – Friday 12:00 pm to 9:00 pm
Saturday 1:00 pm to 9:00 pm
Sunday & Holidays* 1:00 pm to 9:00 pm

Limited Hours:

Monday – Thursday 4:00 pm to 9:00 pm
Friday 4:00 pm to 9:00 pm
Saturday 1:00 pm to 9:00 pm

* Memorial Day, July 4th and Labor Day Sunday 1:00 pm to 9:00 pm

AGE LIMITS:

- No person **under the age of 12** is allowed in the pool area at any time unless directly supervised by: a) a parent or another pool member's parent; b) a member caregiver of at least 16 years of age who may not supervise more than three (3) persons under the age of 8 at any one time; or c) a non-member caregiver (see Non-Member Caregivers).
- All children, 8 years and younger, and all children that are not independent swimmers, must be directly supervised in the water by an adult, who is within an arm's reach of the child and is watching the child at all times. An independent swimmer is defined as one who can swim the width of the pool without stopping or needing assistance of an adult or floatation device.
- **After 7:00 p.m.** no person **under the age of 12** is allowed in the pool area unless directly supervised by: a) a parent or another pool member's parent; or b) a non-member caregiver (see Non-Member Caregivers).

GUESTS:

- Guests must be accompanied by a host member. The host is responsible for the actions of their guests and is responsible for any damage caused by his/her guest(s).
- Each member family will be limited to **fifteen (15) local swimming guests per month**. Guests from outside a 40-mile radius of the pool will not be counted in the 15-guest limit. The pool manager/ lifeguard will make sure all guests are recorded on the sign-in sheet.
- A resident child of a membership holder that is 12 years of age or older is **allowed to invite ONE (1) guest** that is 12 years of age or older without being accompanied by the parent membership holder.
- Grandparents and/or married children of members will not be considered family members; however, they may be guests provided that other rule requirements are met.

NON-MEMBER CAREGIVERS:

A non-member caregiver is an adult 18 years of age or older who is engaged or employed by a member as a primary caregiver on a more than half-time basis. Members may designate one (1) non-member caregiver to accompany their child(ren) to the pool providing that:

- The non-member caregiver is at least 18 years of age; unless granted express written permission subject to review and approval by a majority vote of the Board. If approval is given for a non-member caregiver under the age of 18, the non-member caregiver must have a signed medical release form from their parent(s).
- The member family has provided a written request and has obtained the permission of the Board **PRIOR** to the non-member caregiver arriving with the member child(ren). The written permission form must be on file at the pool and noted on the Medical Release form.
- The non-member caregiver does NOT bring non-member children or guests along.

POOL CLOSURES:

- **Swim Lessons/Swim Team** – The pool will be closed as posted for swim lessons, swim team practice and swim meets.
- **Emergency Pool Closures** – In case of accidents (defecation, vomiting, bleeding) in the pool, the Marion County Health Department advises pool operators to follow these procedures (the average length of time to complete the process would be about 12 hours):
 1. Clear the pool of all swimmers.
 2. Vacuum the matter or retrieve it with a net.
 3. Super chlorinate the pool with 16 pounds of dry chlorine that has been mixed into water.
 4. Wait at least 3 hours.

5. Vacuum the entire pool.
6. Allow swimmers to return to the pool after chlorine level registers safe (3.0 is our normal reading, but it is safe to swim with levels as high as 4.0).

POOL PARTIES (during pool hours):

There will be no pool parties permitted during regular pool hours.

POOL SUPERVISOR RULES:

If for any reason a lifeguard cannot be present during regular pool hours, a pool supervisor will be appointed by the pool manager or President of the Board. A Pool Supervisor is an adult 21 years of age or older who is designated to enforce the rules of the pool and will **not** be considered a lifeguard. Those that can be appointed to supervise the pool need to be contacted in the following order and include: 1) the pool manager, 2) the President of the Board, and 3) an elected member of the Board. All rules and procedures still apply with the following exception: **No person under the age of 14 will be allowed to use the pool without parental supervision.**

Section D – Non-Pool Hour Usage

Pool members may arrange with the Pool Manager to use the pool during non-pool hours; however, usage is limited to pre-opening hours (hours between 10:00pm – 6:00am do not qualify as non-pool hours). **No lifeguard is officially on duty during non-pool hours and members shall use the facilities at their own risk.** During non-pool hours, the following rules will apply:

1. **STATE LAW PROHIBITS ANYONE SWIMMING ALONE.** (OAR 333-060-0210(3)(a)) 2. **No one under the age of 18** may swim without parental supervision.
3. **No guests** will be allowed.
4. Lap swim may be arranged for members 18 years of age and older and/or any Northwood Park Swim Club swim team member who is 11 years of age or older.
5. Members must leave the pool area by the designated closing time (see Pool Hours and Usage) such that the lifeguard may secure the premises. There shall be no exceptions to this policy.

POOL PARTIES (during non-pool hours):

- Pool parties must be arranged with the pool manager and approved at least two weeks in advance.
- A refundable cleaning fee deposit of \$25 is required at the time of booking. This deposit will be returned if the pool and covered areas are cleaned up to the lifeguard's satisfaction. Make checks payable to Northwood Park Swim Club.
- The pool party may be scheduled for 2 hours for a nonrefundable fee of \$100 for up to 25 swimmers (members and non-members included). Parties with 26 to 33 swimmers will be charged an additional \$50. All parties cannot exceed a total of 50 attendees (including swimmers and non-swimmers).
- The total number attending the party will NOT count against the member's monthly guest total.
- Check-in with the lifeguard will be required at the time of the event. Check out is required after all debris and refuse from the party/group has been picked up and the picnic area and bathhouse returned to its original condition.
- All other rules of the Northwood Park Swim Club will be followed.

Section E – General Rules

1. **STATE LAW PROHIBITS ANYONE SWIMMING ALONE.** (OAR 333-060-0210(3)(a))
2. State law requires all swimmers to take a cleansing shower before entering the pool. (OAR 333-060-0210(3)(c)) Additionally, persons coming from the play areas onto the deck area must use the foot rinse.
3. Dues and assessments must be paid in full before use of the pool is allowed to any member.
4. Keys may not be duplicated and key codes may not be shared with non-members.

5. All persons using the pool do so at their own risk. The club will not be responsible for any accident or injury in connection with such use. The club will not be responsible for any lost or stolen articles.
6. Cost of any property damage will be charged to the responsible party. A member is responsible for any damage caused by his/her guest(s).
7. Swimmers must wear standard swimming attire (no cut-offs, street clothes, etc.). Street shoes are not permitted within 3 feet of the pool edge. Furthermore, any child that is not fully toilet trained must wear a swim diaper while in the baby pool or the main pool.
8. Permission to swim is refused to anyone with skin abrasions (or wearing bandages), colds, coughs, inflamed eyes, infections, or known cases of diarrhea.
9. When an overcrowded pool condition exists (total capacity is 33 swimmers), the lifeguard will, at his/her discretion, regulate the number of swimmers in the pool.
10. Masks, snorkels, swim fins, inner tubes and large inflatable objects will be allowed at lifeguard discretion according to the number of swimmers. Parents, please limit the number of toys per child in the baby pool.
11. The following are **PROHIBITED** while in the pool, deck, and/or grass areas:
 - Tobacco, alcohol, and drugs
 - Foul or abusive language
 - Pets
 - Running, pushing, wrestling, rough play or causing undue disturbance
 - Hanging, walking, or climbing on/over the blue wall separating the toddler pool from the main pool
 - Spitting, blowing nose, or otherwise contaminating the pool
 - Chewing gum while swimming
 - Breakable toys, glass containers, sharp objects or objects that will disintegrate
12. Persons having food on the grass areas shall be responsible for removing all trash. The lifeguard on duty has authority to remind members of this obligation.
13. Children over the age of five years of age may not go in the locker room of the opposite sex.
14. A non-swimmer may not enter the pool with an inflatable device without close supervision by an adult who is present in the pool.
15. The safety equipment is to be used only for its intended purpose.
16. The diving board represents potentially hazardous equipment. Therefore, the following rule will be enforced:
 - Diving is a forward motion only (no diving from the side of the board toward the side of the pool).
 - The diving board has a maximum weight capacity of 250 lbs.

Section F - Penalties

Persons repeatedly failing to follow directions of the lifeguard on duty and the pool procedures and general rules will receive a discipline referral form, which will be in triplicate. The Board of Directors will receive this form and the following disciplinary measures will be taken:

- First Offense – Three (3) day suspension for the offender.*
- Second Offense – One-week suspension for the entire family.*
- Third Offense – The Board of Directors will consider and decide on further disciplinary measures.

*** If any damages are assessed, they must be paid before the family is allowed to use the pool.**