



Train to Face Fit

Our Train to Face Fit course provides instruction on how to conduct face fit tests for your workers. It aims to provide information on the correct procedures to follow to conduct a face fit test in accordance with the HSE guidance INDG 479. It will also provide practical guidance on the use of RPE at work in accordance with the HSE guidance HSG 53 RPE at work a practical guide.

This course is aimed at those employees who have been selected by their employer to conduct face fit testing of their employees. The course will provide learners with the opportunity to inspect types of RPE and identify suitable RPE for their workers as well as completing an assessed face fit test to ensure they can follow the required standard for a face fit test.

Course Content:

The course will cover the following learning outcomes:

- Overview of legislation including: Health & Safety at Work Act 1974, Control of Substances Hazardous to Health, Control of Lead at Work, Control of Asbestos Regulations, Confined Space Regulations, Ionising Radiation Regulations.
- Industry Guidance INDG 479 RPE Fit Test, HSG 53 RPE at work a practical guide.
- Why we conduct face fit tests
- The different types of RPE and purpose
- An overview of the two types of testing - Qualitative and Quantitative
- Pre use checks including the nomenclature information
- Correct donning and doffing of RPE
- The Face Fit Test – including demo and practical assessment of learners
- Troubleshooting in the event of a poor fit

Test of knowledge

There is an end of course multiple choice test and a practical assessment of the face fit test to ensure the learning outcomes have been met.

On successful completion of this course Learners will be issued with a certificate of attendance.

Duration:

1 day