**PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas**

**SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread**  **REVIEWED BY Mary Roberson RD, LD CDR # 13835 MONTH: August YEAR: 2024**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  |  |  | 1. **Grilled Italian Sausage w/Peppers & Onion**   **Roasted Red Potatoes**  **Carrots & Green Beans**  **Amish Sugar Cookies**  **W.W. Buttermilk Biscuit** | **2. Bacon Cheeseburger on W.W. Bun**  **Onion Rings**  **Mixed Green Salad**  **Chocolate Butterscotch Rice Krispie Banana** |
| **5. Asian Sweet Chili Pork**  **Chinese Fried Rice**  **California Blend Vegetables**  **Almond Cookies**  **Mandarin Orange Sections**  **W.W. Roll** | **6. Baked Ziti w/Italian Sausage**  **Roasted Red Potatoes**  **Chopped Spinach**  **Banana Bread**  **Garlic, Parmesan & Herb W.W. Roll** | **7. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Country Green Beans w/Bacon & Onion**  **Snickerdoodles**  **W.W. Buttermilk Biscuit** | **8. Chicken Broccoli & Rice Casserole**  **Baked Sweet Potato**  **Buttered Peas**  **Angel Food Cake w/Strawberries**  **W.W. Buttermilk Biscuit** | **9. Chili Cheese Dog on W.W. Bun**  **Crispy Tater Tots**  **Spring Mixed Salad**  **No Bake Cookies** |
| **12. Baked Ziti w/Italian Sausage**  **Roasted Sweet Potatoes**  **Chopped Spinach**  **Oatmeal Cookie**  **Garlic, Parmesan, & Herb W.W. Roll** | **13. Crunchy Baked Cod**  **Homemade Macaroni & Cheese**  **Buttered Peas & Carrots**  **Cherry Crisp**  **W.W. Roll** | **14. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Brown Rice**  **Country Green Beans w/Bacon & Onion**  **Banana Pudding**  **W.W. Buttermilk Biscuit** | **15. Chicken Sour Cream Enchiladas**  **Mexican Rice**  **Refried Beans**  **Snickerdoodles**  **Banana**  **Corn Bread** | **16. Bacon Cheeseburger on W.W. Bun**  **Crispy Tater Tots**  **Tossed Green Salad**  **No Bake Cookies** |
| **19. John Wayne Casserole**  **Roasted Red Potatoes**  **Broccoli**  **Robert Redford Dessert**  **W.W. Buttermilk Biscuit** | **20. Herb Roasted Pork Loin**  **Homemade Macaroni & Cheese**  **Buttered Peas & Carrots**  **Amish Sugar Cookies**  **Chilled Peaches**  **W.W. Buttermilk biscuit** | **21. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes Brown Rice**  **California Blend Vegetables**  **Peach Parfait**  **W.W. Roll** | **22. Chicken Bacon Penne Pasta**  **Roasted Sweet Potatoes**  **Chopped Spinach**  **Iced Orange Drop Cookies**  **W.W. Roll** | **23. Fish Sticks**  **Steak Fries**  **Creamy Coleslaw**  **Scotcharoo**  **Hush Puppies** |
| **26. Country Style BBQ Ribs**  **Baked Beans**  **Classic Macaroni Salad**  **Chocolate Chip Cookie**  **Mandarin Oranges**  **W.W. Roll** | **27. Chicken, Broccoli & Rice Casserole**  **Roasted Red Potatoes**  **Chopped Spinach**  **Mandaring Orange Cake**  **W.W. Roll** | **28. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Broccoli Cauliflower Blend**  **Snickerdoodles**  **W.W. Buttermilk Biscuit** | **29. Beefy Tater Tot Casserole**  **Baked Sweet Potato**  **Buttered Peas & Carrots**  **Ginger Molasses Cookies**  **W.W. Buttermilk Biscuit** | **30. Bacon Cheeseburger on W.W. Bun**  **Onion Rings**  **Mixed Green Salad**  **Banana**  **No Bake Cookies** |
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