**PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas**

 **SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread**  **REVIEWED BY Mary Roberson RD, LD CDR # 13835 MONTH: August YEAR: 2024**

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| **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
|  |  |  | 1. **Grilled Italian Sausage w/Peppers & Onion**

**Roasted Red Potatoes****Carrots & Green Beans****Amish Sugar Cookies****W.W. Buttermilk Biscuit** | **2. Bacon Cheeseburger on W.W. Bun****Onion Rings****Mixed Green Salad****Chocolate Butterscotch Rice Krispie Banana** |
| **5. Asian Sweet Chili Pork****Chinese Fried Rice****California Blend Vegetables****Almond Cookies****Mandarin Orange Sections****W.W. Roll** | **6. Baked Ziti w/Italian Sausage****Roasted Red Potatoes****Chopped Spinach****Banana Bread****Garlic, Parmesan & Herb W.W. Roll** | **7. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Country Green Beans w/Bacon & Onion****Snickerdoodles****W.W. Buttermilk Biscuit** | **8. Chicken Broccoli & Rice Casserole****Baked Sweet Potato****Buttered Peas****Angel Food Cake w/Strawberries****W.W. Buttermilk Biscuit** | **9. Chili Cheese Dog on W.W. Bun****Crispy Tater Tots****Spring Mixed Salad****No Bake Cookies** |
| **12. Baked Ziti w/Italian Sausage****Roasted Sweet Potatoes****Chopped Spinach****Oatmeal Cookie** **Garlic, Parmesan, & Herb W.W. Roll** | **13. Crunchy Baked Cod****Homemade Macaroni & Cheese****Buttered Peas & Carrots****Cherry Crisp****W.W. Roll** | **14. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Brown Rice****Country Green Beans w/Bacon & Onion****Banana Pudding****W.W. Buttermilk Biscuit** | **15. Chicken Sour Cream Enchiladas****Mexican Rice****Refried Beans****Snickerdoodles****Banana****Corn Bread**  | **16. Bacon Cheeseburger on W.W. Bun****Crispy Tater Tots****Tossed Green Salad****No Bake Cookies** |
| **19. John Wayne Casserole****Roasted Red Potatoes****Broccoli****Robert Redford Dessert****W.W. Buttermilk Biscuit** | **20. Herb Roasted Pork Loin****Homemade Macaroni & Cheese****Buttered Peas & Carrots****Amish Sugar Cookies****Chilled Peaches****W.W. Buttermilk biscuit** | **21. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes Brown Rice****California Blend Vegetables****Peach Parfait****W.W. Roll** | **22. Chicken Bacon Penne Pasta****Roasted Sweet Potatoes****Chopped Spinach****Iced Orange Drop Cookies****W.W. Roll** | **23. Fish Sticks****Steak Fries****Creamy Coleslaw****Scotcharoo****Hush Puppies** |
| **26. Country Style BBQ Ribs****Baked Beans****Classic Macaroni Salad****Chocolate Chip Cookie****Mandarin Oranges****W.W. Roll** | **27. Chicken, Broccoli & Rice Casserole****Roasted Red Potatoes****Chopped Spinach****Mandaring Orange Cake****W.W. Roll** | **28. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Broccoli Cauliflower Blend****Snickerdoodles****W.W. Buttermilk Biscuit** | **29. Beefy Tater Tot Casserole****Baked Sweet Potato****Buttered Peas & Carrots****Ginger Molasses Cookies****W.W. Buttermilk Biscuit** | **30. Bacon Cheeseburger on W.W. Bun****Onion Rings****Mixed Green Salad****Banana****No Bake Cookies** |
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