

PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas

SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread

VIEWED BY Mary Roberson RD, LD CDR # 13835

MONTH: **August** YEAR: **2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5. Asian Sweet Chili Pork Chinese Fried Rice California Blend Vegetables Almond Cookies Mandarin Orange Sections W.W. Roll	6. Baked Ziti w/Italian Sausage Roasted Red Potatoes Chopped Spinach Banana Bread Garlic, Parmesan & Herb W.W. Roll	7. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Country Green Beans w/Bacon & Onion Snickerdoodles W.W. Buttermilk Biscuit	1. Grilled Italian Sausage w/Peppers & Onion Roasted Red Potatoes Carrots & Green Beans Amish Sugar Cookies W.W. Buttermilk Biscuit	2. Bacon Cheeseburger on W.W. Bun Onion Rings Mixed Green Salad Chocolate Butterscotch Rice Krispie Banana
2. Baked Ziti w/Italian Sausage Roasted Sweet Potatoes Chopped Spinach Oatmeal Cookie Garlic, Parmesan, & Herb W.W. Roll	13. Crunchy Baked Cod Homemade Macaroni & Cheese Buttered Peas & Carrots Cherry Crisp W.W. Roll	14. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Brown Rice Country Green Beans w/Bacon & Onion Banana Pudding W.W. Buttermilk Biscuit	8. Chicken Broccoli & Rice Casserole Baked Sweet Potato Buttered Peas Angel Food Cake w/Strawberries W.W. Buttermilk Biscuit	9. Chili Cheese Dog on W.W. Bun Crispy Tater Tots Spring Mixed Salad No Bake Cookies
19. John Wayne Casserole Roasted Red Potatoes Broccoli Robert Redford Dessert W.W. Buttermilk Biscuit	20. Herb Roasted Pork Loin Homemade Macaroni & Cheese Buttered Peas & Carrots Amish Sugar Cookies Chilled Peaches W.W. Buttermilk biscuit	21. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Brown Rice California Blend Vegetables Peach Parfait W.W. Roll	15. Chicken Sour Cream Enchiladas Mexican Rice Refried Beans Snickerdoodles Banana Corn Bread	16. Bacon Cheeseburger on W.W. Bun Crispy Tater Tots Tossed Green Salad No Bake Cookies
26. Country Style BBQ Ribs Baked Beans Classic Macaroni Salad Chocolate Chip Cookie Mandarin Oranges W.W. Roll	27. Chicken, Broccoli & Rice Casserole Roasted Red Potatoes Chopped Spinach Mandarin Orange Cake W.W. Roll	28. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Broccoli Cauliflower Blend Snickerdoodles W.W. Buttermilk Biscuit	22. Chicken Bacon Penne Pasta Roasted Sweet Potatoes Chopped Spinach Iced Orange Drop Cookies W.W. Roll	23. Fish Sticks Steak Fries Creamy Coleslaw Scotchardoo Hush Puppies
			29. Beefy Tater Tot Casserole Baked Sweet Potato Buttered Peas & Carrots Ginger Molasses Cookies W.W. Buttermilk Biscuit	30. Bacon Cheeseburger on W.W. Bun Onion Rings Mixed Green Salad Banana No Bake Cookies