

PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas

**SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread**

VIEWED BY Mary Roberson RD, LD CDR # 13835

MONTH: **July** YEAR: **2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. Cheesy Ham &amp; Hashbrown Casserole Roasted Sweet Potatoes California Blend Vegetables Snickerdoodles W.W. Roll</p>	<p>2. Chicken Alfredo over Penne Rosemary Roasted Red Potatoes Buttered Peas &amp; Carrots Scotcharoo W.W. Roll</p>	<p>3. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Brussel Sprouts w/Bacon Black Forrest Cake Mandarin Oranges W.W. Buttermilk Biscuit</p>	<p>4. <b>Happy Fourth Of July</b></p>	<p>5. Bacon Cheeseburger on W.W. Bun Onion Rings Creamy Coleslaw Banana No Bake Cookies</p>
<p>8. Baked Chicken w/Onion Gravy Mashed Red Skinned Potatoes Broccoli Ginger Molasses Cookies Buttermilk W.W. Biscuits</p>	<p>9. Country Style BBQ Ribs Baked Beans Broccoli &amp; Cauliflower Salad Raspberry Peach Crumble Buttermilk W.W. Biscuit</p>	<p>10. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Country Green Beans w/Bacon &amp; Onion Iced Orange Drop Cookies Apricots W.W. Roll</p>	<p>11. Lasagna Roasted Sweet Potatoes Chopped Spinach Cranberry White Chip Oatmeal Cookies Garlic W.W. Texas Toast</p>	<p>12. Chicken Strips White Gravy Sweet Potato Fries Mixed Green Salad Rice Krispie Treat W.W. Roll</p>
<p>15. Brown Sugar Pork Chops w/Garlic &amp; Herbs Homemade Macaroni &amp; Cheese Seasoned Green Beans Apricot Crumble W.W. Roll</p>	<p>16. Lemon Baked Fish Garlic Parsiled Seasoned Rice Buttered Carrots Snickerdoodles Mandarin Oranges W.W. Roll</p>	<p>17. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes California Blend Vegetables Mandarin Orange Cake W.W. Buttermilk Biscuit</p>	<p>18. John Wayne Casserole Roasted Red Potatoes Creamed Spinach Robert Redford Dessert W.W. Buttermilk Biscuit</p>	<p>19. Bacon Cheeseburger on W.W. Bun Steak Fries Garden Salad No Bake Cookies</p>
<p>22. Creamy Chicken Spaghetti Roasted Red Potatoes Broccoli Mixed Berry Crisp W.W. Buttermilk Biscuit</p>	<p>23. Herb Roasted Pork Loin Corn Stuffing Roasted Sweet Potatoes Buttered Peas &amp; Carrots Amish Sugar Cookies W.W. Buttermilk Biscuit</p>	<p>24. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Brown Rice Country Green Beans w/Bacon &amp; Onion Watergate Salad W.W. Rolls</p>	<p>25. Three Cheese Baked Pasta Brown Rice California Blend Vegetables Coconut Macaroons Apricots Garlic Parmesan &amp; Herb W.W. Roll</p>	<p>26. Beef Soft Taco W.G. Flour Tortilla Refried Beans Tossed Green Salad Scotcharoo</p>
<p>9. Baked Chicken w/Onion Gravy Mashed Red Skinned Potatoes Chopped Spinach Raspberry Peach Crumble W.W. Roll</p>	<p>30. Meatloaf Baked Fresh Sweet potato California Blend Vegetables Snickerdoodles W.W. Roll</p>	<p>31. Chicken Fried Steak Country Gravy Homemade Mashed Potatoes Brown Rice Buttered Peas &amp; Carrots Peach Parfait Buttermilk W.W. Biscuit</p>		