**PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas**

 **SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread**  **REVIEWED BY Mary Roberson RD, LD CDR # 13835 MONTH: June YEAR: 2024**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY**  | **TUESDAY**  | **WEDNESDAY**  | **THURSDAY**  | **FRIDAY**  |
| **3.Asian Sweet Chili Pork****Fried Rice****Broccoli****Egg Rolls****Almond Cookies****Mandarin Orange Sections** | **4.Baked Chicken w/Onion Gravy****Roasted Sweet Potatoes****Buttered Peas & Carrots****Cranberry Swirl Cake****W.W. Roll** | **5.Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Country Green Beans w/Bacon & Onion****Chocolate Chip Cookie****W.W Buttermilk Biscuit** | **6. Mexican Lasagna****Mexican Rice****Mixed Green Salad****Mexican Brownie****Apricots****Cornbread** | **7. Bacon Cheeseburger on W.W. Bun****Crispy Tater Tots****Creamy Coleslaw****No Bake Cookies** |
|  **10. Chicken Alfredo Over Fettuccini****Roasted Sweet Potatoes****Chopped Spinach****Oatmeal Cookies****Garlic W.W. Texas Toast** | **11. Honey Glazed Pork Loin****Homemade Macaroni & Cheese****Broccoli****Pumpkin Crumble****Fruit Cocktail****W.W. Roll** | **12. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****California Blend Vegetables****Amish Sugar Cookies****Apricot****W.W, Roll** | **13. John Wayne Casserole****Brown Rice****Buttered Peas & Carrots****Robert Redford DessertChilled Peaches****W.W. Buttermilk Biscuits** | **14. Chili Cheese Dog on W.W. Bun****Sweet Potato Fries****Spring Mix Salad****Rice Krispie Treat** |
| **17. Herb Baked Fish** **Baked Fresh Sweet Potato****Creamed Spinach****Brownie****W.W. Roll** | **18. Beef Brisket w/Gravy****Scalloped Potatoes****Brown Rice****California Blend Vegetables****Peach Parfait****W.W. Roll** | **19. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Buttered Peas & Carrots****Ginger Molasses Cookies****W.W. Buttermilk Biscuit** | **20. Country Style BBQ Ribs****Classic Macaroni Salad****Brussel Sprouts****Snickerdoodles****Banana****W.W. Buttermilk Biscuit** | **21. Bacon Cheeseburger on W.W. Bun****Steak Fries****Garden Salad****No Bake Cookies** |
|  **24. Cheese & Spinach Stuffed Meatloaf****Buttered Rice****Baked Potato****Broccoli****Banana Pudding****W.W. Buttermilk Biscuit** | **25. Buttermilk Ranch Chicken** **Homemade Macaroni & Cheese****Chopped SpinachChocolate Chip Cookie****Banana****W.W. Buttermilk Biscuit** | **26. Chicken Fried Steak****Country Gravy****Homemade Mashed Potatoes****Country Green Beans w/Bacon & Onion****Butterscotch Bars****W.W. Rolls** | **27. Brown Sugar Pork Chops w/Garlic & Herbs****Baked Fresh Sweet Potato****Seasoned Yellow Squash****Amish Sugar Cookies****Apricots****W.W. Roll** | **28. Club Sandwich on W.W. Bread****Broccoli Cheese Soup****Mixed Green Salad****Rice Krispie Treat** |