**PREPARED BY: Nona Hollis, Director/certified to contain 1/3 RDA HEDLEY SENIOR CITIZENS, Hedley, Texas**

**SERVED WITH 2% MILK, TEA OR WATER and Served with Wheat Rolls, Wheat Bread or Cornbread**  **REVIEWED BY Mary Roberson RD, LD CDR # 13835 MONTH: June YEAR: 2024**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **3.Asian Sweet Chili Pork**  **Fried Rice**  **Broccoli**  **Egg Rolls**  **Almond Cookies**  **Mandarin Orange Sections** | **4.Baked Chicken w/Onion Gravy**  **Roasted Sweet Potatoes**  **Buttered Peas & Carrots**  **Cranberry Swirl Cake**  **W.W. Roll** | **5.Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Country Green Beans w/Bacon & Onion**  **Chocolate Chip Cookie**  **W.W Buttermilk Biscuit** | **6. Mexican Lasagna**  **Mexican Rice**  **Mixed Green Salad**  **Mexican Brownie**  **Apricots**  **Cornbread** | **7. Bacon Cheeseburger on W.W. Bun**  **Crispy Tater Tots**  **Creamy Coleslaw**  **No Bake Cookies** |
| **10. Chicken Alfredo Over Fettuccini**  **Roasted Sweet Potatoes**  **Chopped Spinach**  **Oatmeal Cookies**  **Garlic W.W. Texas Toast** | **11. Honey Glazed Pork Loin**  **Homemade Macaroni & Cheese**  **Broccoli**  **Pumpkin Crumble**  **Fruit Cocktail**  **W.W. Roll** | **12. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **California Blend Vegetables**  **Amish Sugar Cookies**  **Apricot**  **W.W, Roll** | **13. John Wayne Casserole**  **Brown Rice**  **Buttered Peas & Carrots**  **Robert Redford Dessert Chilled Peaches**  **W.W. Buttermilk Biscuits** | **14. Chili Cheese Dog on W.W. Bun**  **Sweet Potato Fries**  **Spring Mix Salad**  **Rice Krispie Treat** |
| **17. Herb Baked Fish**  **Baked Fresh Sweet Potato**  **Creamed Spinach**  **Brownie**  **W.W. Roll** | **18. Beef Brisket w/Gravy**  **Scalloped Potatoes**  **Brown Rice**  **California Blend Vegetables**  **Peach Parfait**  **W.W. Roll** | **19. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Buttered Peas & Carrots**  **Ginger Molasses Cookies**  **W.W. Buttermilk Biscuit** | **20. Country Style BBQ Ribs**  **Classic Macaroni Salad**  **Brussel Sprouts**  **Snickerdoodles**  **Banana**  **W.W. Buttermilk Biscuit** | **21. Bacon Cheeseburger on W.W. Bun**  **Steak Fries**  **Garden Salad**  **No Bake Cookies** |
| **24. Cheese & Spinach Stuffed Meatloaf**  **Buttered Rice**  **Baked Potato**  **Broccoli**  **Banana Pudding**  **W.W. Buttermilk Biscuit** | **25. Buttermilk Ranch Chicken**  **Homemade Macaroni & Cheese**  **Chopped Spinach Chocolate Chip Cookie**  **Banana**  **W.W. Buttermilk Biscuit** | **26. Chicken Fried Steak**  **Country Gravy**  **Homemade Mashed Potatoes**  **Country Green Beans w/Bacon & Onion**  **Butterscotch Bars**  **W.W. Rolls** | **27. Brown Sugar Pork Chops w/Garlic & Herbs**  **Baked Fresh Sweet Potato**  **Seasoned Yellow Squash**  **Amish Sugar Cookies**  **Apricots**  **W.W. Roll** | **28. Club Sandwich on W.W. Bread**  **Broccoli Cheese Soup**  **Mixed Green Salad**  **Rice Krispie Treat** |