

NIGHTLY BLUEPRINT



FAITHFUL DAY
PLANNER

KITCHEN

- ☐ CLEAR DINNER TABLE
- ☐ PACK LUNCHES
- ☐ LOAD DISHWASHER
- ☐ SPRAY & WIPE DOWN COUNTERS

LIVING ROOM

- ☐ DANCE PARTY CLEAN-UP
- ☐ TOYS / CLOTHES / PILLOWS PUT AWAY
- ☐ FLOOR SWEPT

SELF

- ☐ BATHE / WIND-DOWN ROUTINE
- ☐ LAY-OUT EACH LAYER OF CLOTHES