



GET IN TOUCH

Indigenous Women of the Wabanaki
Territories (iwwt.ca)

Email: tatyannah@iwwt.ca
Phone: 1(506)206-8220



ARE YOU INTERESTED IN A WOMEN'S GROUP?

Eligibility:

**Do you identify as a woman,
girl, 2SLGBTQQIA+ or
gender-diverse?**

**Are you an Urban Aboriginal, Metis
or Inuit woman residing on or off
reserve in New Brunswick?**

Minimum age of 19+?

**If you answered yes to all these
questions, you are eligible and we
would be honoured to have you
in our Groups!**



GET CONNECTED

Join a Women's Group today!



**Indigenous Women
of the Wabanaki
Territories**



WHY JOIN A WOMEN'S GROUP?

We grow together.

Women's Groups are a gathering of women, *for women*. These sisterhood meetings give women a safe space to heal, connect, share, and empower.

We amplify our voices.

Each member brings a wealth of knowledge related to three priority areas: increasing women's economic security and prosperity; encouraging women's traditional leadership and democratic participation and ending violence against women and girls. The member of the Groups come from a broad range of sectors and include First Nations, Métis, Inuit, youth and Elders.

The Women's Group is a place for community.

As an inclusive space, the women's group welcomes and reunifies the generations.

Great-grandmothers, grandmothers, mothers, and daughters sit together in solidarity. The elders pass down their wisdom learned through experience. New generations of girls restore the childlike wonder and playfulness of youth to their elders. Together, shared strength circulates through every generation, a way to empower each other to participate meaningfully in the community and pave the way for future female generations.

The Women's Group is a safe, supportive space.

The women's group gives each member a chance to speak their truth without judgment. Sharing with supportive, empowering women releases the weight of our burdens. We shed light on our fears, thus, diminishing their power. We can then step beyond the wall of fear, into the freedom of our strength, healing and divine light.

We honor our female ancestors.

A women's group honors female ancestors through unity and ritual, a moment to consider the generations who paved the way for the opportunities available to women today. We honor their strength to overcome the many obstacles of womanhood.

We celebrate each other. We remember the great warrior women and every woman who embodied the divine feminine with bravery, resilience, and compassion.

The Women's Group reinforces female empowerment and sisterhood.

Society has often found ways to break apart the sacred bonds between women. A women's group reminds sisters to treat each other as allies. We don't ostracize or point out flaws. Instead, we embrace women as our sisters by lifting each other up.