

ALESHIA MARIE

BESPOKE SKIN & SPA THERAPY

Spa Menu



WELCOME, WE INVITE YOU TO EXPERIENCE THE PRECIOUS GIFT OF TIME.

FOR IN HOUSE EXPERIENCES

Please note a \$75 call out charge is applicable for in house experiences. We ask that you allow 30 minutes prior to your treatment start time for our arrival, this allows us adequate time to prepare for your therapies, create your desired spa ambience and go through a thorough consultation to ensure the delivery of a results targeted therapy and ultimate indulgence of the senses.

FOR VISITS TO US

Please arrive 15 minutes prior to your treatment start time, this allows you to enjoy a refreshment beverage and complete one of our wellness profiles.

OUR PRODUCTS

Each of our spa rituals harnesses the potency of local botanical actives teamed with a handpicked selection of artisanal beauty and wellness products from around the globe. From the first inhalation we ask you to take, to the soft layers of luxury linen you are cocooned in, to the powerful skincare creating change on a cellular level, we consider every detail and make no compromise for quality at its best delivering the results we want to see.

SPA JOURNEYS

A collection of spa rituals designed to unwind, release and nourish.

PERSONALISED SPA EXPERIENCE

Allow yourself to drift into a heightened state of pure relaxation and indulgence with the ultimate full body experience. Your spa journey is created by a unique expression of spa endeavors selectively tailored to achieve a completely individualised sensory experience.

POA

THE CLASSIC

Commence your spa therapy with a soothing back, neck and shoulder massage using your chosen aromatic oil blend. Continue with a customised facial tailored to deliver a results driven treatment whilst indulging the senses. Conclude your spa journey with a luxurious foot ritual including complete pedicure and polish.

In House | 2 hours 30 minutes |

\$380

Visits to Us | 2 hours 30 minutes |

\$360

SIGNATURE RETREAT PACKAGE

Your signature retreat package is a collection of carefully chosen spa therapies creating the ultimate spa experience. Commence your spa journey with a customised full body exfoliation to smooth and promote detoxification. Further melt with a therapeutic full body massage of your choice, designed to alleviate deep-seated muscular tension and promote a deep sense of relaxation. Break for a refreshment and a moment of stillness. Your spa day continues with a classic facial featuring a hot oil scalp massage, your facial is tailored to your presenting concerns and desires. Complete your spa day with a decadent foot ritual and manicure tidy. Surrender the senses.

In House | 5.5 hours | \$800

Visits to Us | 5.5 hours | \$780

Recommended add on: decadent coconut cream, fresh rose petal, aromatic salt candlelit bath | **\$110 (In House Only)**

A MOTHER'S LOVE

Begin your spa journey with a decadent coconut cream, fresh rose and aromatic salt foot-bath whilst being treated to a nourishing exfoliation of citrus and vanilla. Continue your spa therapy with a full body pregnancy massage carefully tailored to deliver a serene and nurturing experience for you and your baby. Conclude your ceremonious ritual with an MV Organic Skincare facial featuring a moisture rich scalp and hair treatment. Nurture new life.

In House | 2 hours | \$320

Visits to Us | 2 hours | \$300

A SERENE CELEBRATION

Take time for two and begin your spa therapy with a heated stone full body massage featuring long, rhythmical Hawaiian bodywork strokes of the body. Therapeutic basalt stones are used in combination as placement stones to penetrate deep into the belly of the muscles and as an extension of the therapists hands to alleviate deep seated muscular tension and deliver a truly mind melting experience. Further melt with a deep release scalp, hand and foot massage. Celebrate love.

In House | 2 hours | \$320

Visits to Us | 2 hours | \$300

MASSAGE THERAPY

Specialty therapeutic treatments designed to alleviate deep seated neuromuscular tension, bring fresh blood and oxygen to the tissues and promote detoxification of the lymphatic system.

SIGNATURE BODYWORK

During a consultation we tailor your treatment to accommodate to your current state of health and wellbeing. Drawing from a wide range of modalities and 15+ years experience your therapy uniquely blends Deep Tissue, Swedish, Traditional Hawaiian Temple Massage, Trigger Point Therapy, Zen Thai Shiatsu, Osteopathic Techniques, Breath Work and Accupressure

In House | 60 / 90 / 120 Minute | \$150 / \$200 / \$250
Visits to Us | 60 / 90 / Minute | \$130 / \$180 / \$240

ADD ONS

Cupping Therapy
30 Minutes | \$70

Moxibustion Therapy
15 Minutes | \$30

Hot Stone Therapy
30 Minutes | \$70

PREGNANCY MASSAGE

We offer pregnancy massage after the first trimester of pregnancy. Each pregnancy massage is tailored to address your presenting concerns and deliver a deep sense of peace and relaxation for you and your baby.

In House | 60 / 90 Minute | \$150 / \$200
Visits to Us | 60 / 90 Minutes | \$130 / \$180

THE FIX

The Holy Grail of Body Treatments. Since you've all loved 'Sculpt' so much, by popular demand 'The Fix' has been born. This complete 5 hour body experience takes the adored Sculpt treatment to an all new level. Think.. a deep purge, detailed spring clean and rebirth all in one. In addition to your 3 hour intensive detox treatment, you will be treated to reflexology of the hands and feet, deep organ massage and facial sculpting . A truly integrative experience that indulges the senses, frees the mind and of course sculpts the body.

In House | \$720
Visits to Us | \$680

SCULPT

(most loved treatment)

A three hour long, intensive treatment that is designed to drain fluid, break down stubborn fat stores and contour the lines of the body while promoting deep detoxification and restoration of the body's tissues. The treatment includes full dry body brush, specialty lymphatic drainage, myofascial cupping and deep tissue techniques. A rich vitamin cream mask application is included to complete the treatment with additional skin tightening benefits. Visible results seen in one treatment, although multiple treatments offer more enhanced and sustainable results.

In House | \$415
Visits to Us | \$395

FACIAL THERAPY

Each facial is a tailored experience, after having your skin professionally analysed we will select products that are going to perform best for you. Careful consideration is taken to ensure we are treating the skin holistically, we too will look at other lifestyle factors that may need to be improved in order to achieve optimal results.

CLASSIC FACIAL

In House | 60 Minute | \$160
Visits to Us | 60 Minute | \$140

GRAND FACIAL

(Includes collagen boosting cryotherapy and sculpting facial treatment.)

In House | 120 Minute | \$330
Visits to Us | 120 Minute | \$310

SIGNATURE FACIAL

In House | 90 Minute | \$220
Visits to Us | 90 Minute | \$200

MEDICAL MICRONEEDLING

Micro needling is a superior treatment that provides clinically proven results to treat scarring, fine lines, deep wrinkles and reduced pore size. The treatment increases collagen production and significantly improves overall skin tone and texture.

(Visits to Us Only)
\$300



BODY THERAPY

(Only available at selected properties)

BODY POLISH

Warm oil is applied in combination with your selected body exfoliant. The product is worked in a lymphatic motion to increase circulation and remove dead skin cells promoting a radiant glow.

In House | 45 Minute | \$140
Visits to Us | 45 Minute | \$120

HAND & FOOT THERAPY

FOOT RITUAL

Commence with a warmed coconut cream, rose petal and aromatic salt foot soak followed by an exfoliating polish of crushed citrus and vanilla. Lay comfortably whilst feet are treated to a nourishing foot massage using heated basalt stones. Finish with a complete pedicure.

In House | 75 Minutes | \$145
Visits to Us | 75 Minutes | \$125

MAINTENANCE PEDICURE

Callus removal, complete nail work, moisture treatment, buff and shine.

In House | 30 Minutes | \$75
Visits to Us | 30 Minutes | \$65

MAINTENANCE MANICURE

Complete nail work, moisture treatment, buff and shine.

In House | 30 Minutes | \$75
Visits to Us | 30 Minutes | \$65

THERAPEUTIC ENHANCEMENTS

WARMING HAIR & SCALP TREATMENT **15 Minute | \$35**

HAND & FOOT MOISTURE TREATMENT **15 Minute | \$35**

EXPRESS FACIAL TREATMENT **15 Minute | \$35**

DECADENT COCONUT CREAM, FRESH ROSE PETAL
& AROMATIC SALT CANDLELIT BATH | **\$110**

(Only available at selected properties)

FINISHING TOUCHES

EYELASH TINT | **\$30**

EYEBROW SHAPE | **\$25**

EYEBROW TINT | **\$15**





Cancellation Policy

Bungalow Bookings

Please note we have a 48 hour cancellation policy for Bungalow bookings, any treatments cancelled within this time frame will be charged at 50% of the treatment cost. Treatments cancelled within 24 hours of treatment time will be charged in full.

In House Bookings

Please note we have a 72 Hour cancellation policy for all in house bookings, any treatments cancelled within this time frame will be charged at 50% of the treatment cost. Treatments cancelled within 48 hours of the treatment time will be charged in full.

Please note for **all bookings** that we require a 50% deposit to secure your treatment/s. The remaining 50% may be paid on the day of your treatment/s.

Prices effective of Jan 2024 & are subject to change without notice.



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