

Tilbury Football Club

Health and Safety Policy

POLICY STATEMENT

Hashtag United Football Club is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability and expect our junior athletes to participate within these boundaries.

HEALTH AND SAFETY POLICY

To support our Health and Safety policy statement, we are committed to the following duties:

- ▪ Undertake regular, recorded risk assessments of the club premises and all activities undertaken by the club.
- ▪ Create a safe environment by putting health and safety measures in place as identified by the assessment.
- ▪ Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependent on age, maturity and development.
- ▪ Ensure that all members are aware of, understand and follow the club's health and safety policy.
- ▪ Appoint a competent club member to assist with health and safety responsibilities.
- ▪ Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- ▪ Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
- ▪ Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- ▪ Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

CLUB MEMBERS, MANAGERS & COACHES HAVE A DUTY TO:

- ▪ Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- ▪ Co-operate with the club on health and safety issues.
- ▪ Correctly use all equipment provided by the club.
- ▪ Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICER:

Speak to a member of the committee who will assist.

Tilbury Football Club

XXXXXXX -cwo team

XXXXXX -operation team

XXXXXXX – director of Youth

QUALIFIED FIRST AIDERS:

All managers/coaches are qualified first aiders and have the responsibility to ensure their first aid kit is up to date Location of first aid facilities: Clubhouse kitchen/each team manager Updated

Accident report book: Clubhouse

Location of defibrillator: Entrance to First Team Changing rooms