

Cockfosters 3 Tilbury 1

Tilbury suffered defeat to a good Cockfosters side on Tuesday night. Tilbury fielded a mixed side that included some first team players but went into the break 3 behind, but put up more of a fight in the second period.

The home side scored in the 10th, 18th and 42nd minute. After the break Tilbury saw more runs from Ola Ogunwamide and Josh Osude and it was Osude who found the net on 67 with a fine strike.

Tilbury ended the game with a number of trialists, who put up a good fight against an Essex Senior League side who start their league programme on Saturday.

Tilbury are expected to field a more experienced squad on Wednesday night against National League South side Billericay Town.