

Tilbury 4  
Pitsea Athletic 0  
Pre Season Friendly  
Lakeside Sports Ground  
Saturday 5th July 2025

The Dockers started their 2025/26 pre season campaign with a match against Essex Olympian side, Pitsea Athletic. Tilbury started the match with a strong lineup of both retained players and new signings, with the second half squad containing trialists. Included in the second half squad were three of our u18's EJA side, Fenton Everyingham, Tom Alder and Wealthy Mazina.

Playing in our red away shirt, we dominated the match early, coming close through Darren Phillips whose left-footed effort from the edge of the area sailed just over the bar.

Phillips' involvement did not stop there as in the 12th minute he rose above the defence to win the flick on from Oli Spooner's throw-in. However, the header was denied by the woodwork as it bounced off the top of the crossbar.

Just 5 minutes later, Tilbury would find the lead courtesy of new signing, Juwon Akintunde. Luke Reeve created the chance by winning the ball back in a dangerous position high up the pitch, which gave Akintunde the opportunity to hit a snapshot on the swivel to beat out the keeper at his near post. The Dockers soon doubled their lead as Spooner's long throw troubled the Pitsea Athletic defence once again. Phillips was the target, and his flick on found Akintunde, who reacted first and poked home from close range.

The second half squad would extend this lead with 15 minutes to go, as a beautiful run down the left-hand side from the full-back orchestrated the opportunity for a pass across the box, and a tidy finish from the midfielder.

And almost directly from kick-off, the game was put to bed when the left-back was involved again. His perfect delivery found the opposite full-back, and a lovely, powerful header into the top corner was the story for Tilbury's fourth.

That was all the action in Lakeside and Tilbury got some much-needed minutes in their legs ahead of the rest of pre season. Thank you to Pitsea Athletic for the game and best of luck for the season.

The Dockers are back in action on Tuesday night when we travel to face Athletic Newham in a 7.45pm kick off.

1st half squad: Fairs (Betts), Trialist, Trendall, Reeve, Hayes, Wallace, Spooner, Carter, Reynolds, Akintunde, Phillips (Weekes).