

Name \_\_\_\_\_ Soc. Sec. # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Today's Date \_\_\_\_\_ Your Birthday \_\_\_\_\_ Age \_\_\_\_\_ Gender: M F

Address \_\_\_\_\_

Phones: Home \_\_\_\_\_ Work \_\_\_\_\_

Cell \_\_\_\_\_

Email \_\_\_\_\_

If applicable, spouse or partner's name \_\_\_\_\_

Children's names & ages \_\_\_\_\_

Next of Kin \_\_\_\_\_

Referred by \_\_\_\_\_ Insurance \_\_\_\_\_

Do you plan to submit to your insurance for your therapy sessions \_\_\_\_\_ Yes \_\_\_\_\_ No

Current Medications & Dosages \_\_\_\_\_

How long have you taken these meds. \_\_\_\_\_

Previous/current therapists \_\_\_\_\_ Phone \_\_\_\_\_

Employer \_\_\_\_\_ Spouse's Employer \_\_\_\_\_

Please complete for all members of your **Family of Origin** (family you were born to).  
Please include yourself, and "Child" refers to your siblings (1<sup>st</sup>, 2<sup>nd</sup>, etc.).

	AGE	RESIDES	EDUCATION	OCCUPATION	SEX
Mother					F
Father					M
1 <sup>st</sup> Child					
2 <sup>nd</sup> Child					
3 <sup>rd</sup> Child					
4 <sup>th</sup> Child					

- Please complete the other side -

Please check all that apply to you:

- 1. Concerned about my eating habits
- 2. Concerned about my drinking, smoking or drug use
- 3. Not adjusting well to a new situation
- 4. Having difficulty trusting other people
- 5. Do not get along with parents or family members
- 6. Cannot seem to control my thoughts or behavior
- 7. Feeling depressed or unhappy
- 8. Having headaches, indigestion, or other physical problems
- 9. Thinking about killing myself
- 10. Anxious or nervous much of the time
- 11. Have fears that seem unrealistic
- 12. Concerned about past physical or sexual abuse
- 13. Bothered by insomnia
- 14. Concerned about parents' drinking
- 15. Worried about a sexual issue
- 16. Wishing I could be different
- 17. Having trouble with work/studies
- 18. Upset by a recent death
- 19. Concerned about my primary relationship
- 20. Feel tired, dizzy, and/or weak much of the time
- 21. Dealing with my sexual orientation
- 22. Concerned about my weight
- 23. Many of my activities include alcohol and/or drugs
- 24. Easily moved to tears
- 25. Concerned about personal experience of sexual/racial harassment
- 26. Getting a divorce
- 27. Unsure about my future plans

Please use this space to include any other issues not included on the preceding list, or important information you would like me to know

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