

# OSHA

ON-GOING SAFETY & HEALTH ADVICE

691 Caribou Dr., Spring Branch, TX. 78070  
(210) 380-4554  
s.whitaker@oshatx.com



**SANDRA L. WHITAKER**

## SERVICES

On-going Safety & Health Advice (represented by Sandra Whitaker, CSHO) provides expert opinions, reports and/or testimony on the application of US Dept of Labor Occupational Safety and Health Regulations (29 CFR 1910 - US DOL OSHA) as they apply to workplace injuries.

Services Include: Case File Review; Regulation Research; Written Opinion; Arbitration; Deposition; and/or Trial for either Plaintiff or Defense Attorneys.

Fifty Years of Experience in US DOL OSHA compliance in the following industries: Warehouse; Manufacturing; Logistics; Food/Beverage; Service Industries

## CREDENTIALS

Certified Safety Health Official (CSHO) 2005 - Present

Texas Extension Engineering Service – U S Department of Labor – OSHA

OSHA Approved Trainer 2004 - 2020

Texas Extension Engineering Service – U S Department of Labor – OSHA

## OSHA EXPERTISE

Accident Investigation / Analysis

Confined Space

Electrical Standards / Work Practices

Fall Prevention / Fall Arrest Systems

Hazard Communication

Lockout / Tagout

Machinery / Machine Safeguarding

Materials Handling

Means of Egress

Personal Protective Equipment

Powered Industrial Truck Operations

OSH Act & OSHA Standards

OSHA Recordkeeping

Walking & Working Surfaces

## COMMUNITY INVOLVEMENT

CASA (Court Appointed Special Advocate) – Hays & Comal Counties

The Share Center – Community Liaison; Client Advocate

Bulverde Spring Branch Area Chamber of Commerce – Business Member 2013

Serve on Multiple Committees

Church Involvement – Bible Study Facilitator (Virtual/In-Person); Quilt Ministry; Outreach Ministries

## FORMAL EDUCATION

Southwest University

Bachelor of Science - Occupational Safety & Health - Highest Honors - 1994

Texas State Technical College

Associate Applied Science - Occupational Safety & Health - Highest Honors – 1989



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## PROFESSIONAL EXPERIENCE

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2013 - Present

Offering assistance to:

- Attorneys on workplace injury cases in relation to US DOL OSHA regulations
  - Defense 40% / Plaintiff 60% (Rev. Aug 2021);
- Private sector employers related to US DOL OSHA:
  - Compliance
  - Contesting a citation
  - Contesting penalties
  - Abatement of citation

Offering site specific:

- Training for employers related to US DOL OSHA compliance;
- Written HS&E programs
- US DOL OSHA required safety training for employees
- Safety inspections

### U.S. DIRECTOR, HEALTH, SAFETY AND ENVIRONMENTAL

1999 - 2013

Exel, Inc. - 3<sup>rd</sup> Party Logistics

- Managed team of six HS&E Professionals
  - 350+ warehouses / 50,000 associates
- Responsible for interaction with OSHA / DOT / EPA / Hazardous Materials Transportation regarding inspections or citations
- Recommended abatement procedures for all HS&E violations
- Evaluated multi-employer worksites for safety compliance
- Conducted facility safety inspections and prepared management analysis

### SAFETY MANAGER – COCA-COLA ENTERPRISES, INC.

1994 - 1999

Southwest Texas Division - Food & Beverage manufacture, packing and distribution

- Responsible for employee workplace safety of 3500 employees at 4 warehouse facilities and 10 sales distribution centers
- Responsible for OSHA / DOT Compliance
- Responsible for Workers Compensation Loss prevention
- Supervised DOT CDL Fleet Safety trainer
- Conducted Accident Investigations

### SAFETY MANAGER

Fairchild Aircraft Co., Aircraft Manufacturing

1990 - 1994

- Responsible for:
  - Workplace Safety of 1000 employees
  - Environmental Compliance
  - Industrial Hygiene Compliance
  - Workers Compensation Loss Prevention
- Conducted Safety and Regulatory Training
- Conducted chemical testing and use review



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## VICE PRESIDENT -

### SAFETY and INDUSTRIAL HYGIENE TRAINING

American Institute of Hazardous Materials Management

1989 - 1990

- Private, non-profit 501C Corporation offering education, training, information and consulting services related to the management of hazardous materials and hazardous waste, especially waste minimization, risk reduction and risk management.
- Developed materials and conducted all Safety and Industrial Hygiene Training for continuing education seminars across Texas.
- Edited and published *The RCRA Bulletin*, a monthly newsletter compiled of daily Federal Register articles regarding EPA, DOT and OSHA issues relating to hazardous materials and hazardous waste.

## ADJUNCT FACULTY

Alamo Community College District

1989 - 2000

- Instructor for Safety courses –
  - On-Campus Continuing Education and Off-Campus contract classes including:
    - Occupational Safety and Health Specialist,
    - 40 Hour Hazardous Waste Operations and Emergency Response (HAZWOPER),
    - Corporate Trainer Certificate program.
- All of the certificate programs and the AAS degree courses were taught on a semester basis and offered on nights and weekends.
- Developed On-Line training courses.

## SAFETY COORDINATOR / OFFICE MANAGER

A & S Electric, Tyler, TX

1975 - 1980

- Responsible for employee workplace safety
- Maintained OSHA 200 Report of Injuries and Illnesses
- Developed job site specific safety procedures
- Office Manager – payroll / accounting

## SAFETY COORDINATOR / OFFICE MANAGER

Boggs Electric, Dallas, TX

1970 - 1975

- Responsible for employee workplace safety
- Committee Member – Development of US DOL OSHA Regulations
- Maintained OSHA 200 Report of Injuries and Illnesses
- Developed job site specific safety procedures
- Office Manager – payroll / accounting

