

MENU

BREAKFAST/BRUNCH Mon - Fri 8:00 - 13:00

	Sat - Sun 9:00		
EGGS		SANDWICHES	
FULL ENGLISH BREAKFAST Two Fried Eggs, Cumberland Sausages, Smoked Bacon	£11.50	CLASSIC Prosciutto Crudo, Fresh	£7.50
Hash Browns, Mushrooms, Vine Tomatoes, Baked Bear Toasted Sourdough 850 kcal		Mozzarella, Tomatoes, 400 kcal	£7.00
IN MAYFAIR OMELETTE (V) Three Eggs, Spinach, Brie Cheese, Toasted Sourdough	£10.50	Fresh Mozzarella, Tomatoes, Pesto, Basil 480 kcal	
650 kcal		THE BRIE PANINO (V)	£7.00
AVOCADO ON TOAST (V) Smashed Avocado on Sourdough, Two Poached Eggs,	£10.50	Brie Cheese, Spinach, Grilled Aubergines 520 kcal	
Feta Cheese, Chilli Flakes 600 kcal		SALMON & CREAM	£8.00
NOT SO FRENCH TOAST (V)	£11.00	Smoked Salmon, Mascarpone, Cucumber, Rocket 540 kcal	
Eggs Brioche with Vanilla Extract and Cinnamon, Mascarpone, Blackcurrant Jam, Maple Syrup, Blueberries 850 kcal		MEDITERRANEAN STYLE (V) Feta cheese, Grilled Peppers, Grilled	£7.00
EGGS BENEDICT	£10.50	Courgettes , Tomatoes and Olives 580 kcal	
Two Poached Eggs on Toasted English Muffin, Bacon, Hollandaise Sauce 700 kcal		BOWLS	
EGGS ROYALE	£12.50	YOGURT BOWL (V)	£7.50
Two Poached Eggs on Toasted English Muffin, Salmon Hollandaise Sauce 690 kcal	,	Greek Yogurt, Granola, Blueberries, Strawberries Peanut Butter 450 kcal	
EGGS FLORENTINE (V)	£10.50	Add 35g Protein for £1.50 (140 kcal)	
Two Poached Eggs on Toasted English Muffin, Spinach Hollandaise Sauce 650 kcal	1,	PASTRY & CAKES	
SCRAMBLED EGGS ON TOAST (V	£8.50	PASIKI & CAKES	
Scrambled Eggs on Sourdough Toast 550 kcal	, 2000	BUTTER CROISSANT	£2.20
Add Avocado £2.00 (90 kcal), Bacon £1.50 (80 kcal), Smoked Salmon £3.50 (150 kcal)		ALMOND CROISSANT	£2.80
		PAIN AU CHOCOLAT	£2.50
PANCAKES		HAM & CHEESE CROISSANT	£4.50
AMERICAN CLASSIC Three Pancakes, One Fried Egg, Bacon, Maple Syrup	£10.50	CARROT CAKE (V)	£5.00
900 kcal	C11 00	LEMON & MASCARPONE	£4.50
STRAWBERRY & RICOTTA (V) Three Pancakes, Ricotta Cheese, Strawberries, Honey, Walnuts 920 kcal	£11.00	CHEESECAKE (V)	
MAPLE CLASSIC (V)	£9.50	TIRAMISU (V)	£5.00
Three Pancakes, Blueberries, Butter, Maple Syrup 880 kcal		EXTRAS	
BELGIAN KICK (V) Three Pancakes, Belgian Milk Chocolate, Almond Flakes, Strawberries, Bananas 880 kcal	£11.00	 Avocado £2.00 Sausage £1.50 Pancake £2.00 Egg £2.00 Bacon £1.50 Smoked Sain 	

• Peanut Butter £1.50

• Sourdough Slice 1.50



DRINKS

HOT DRINKS		SMOOTHIE/MILKSHAKES		
SINGLE ESPRESSO	£2.20	FRESH ORANGE JUICE	£5.00	
DOUBLE ESPRESSO	£2.60	BERRY BANANA Strawberries, Blueberries, Bananas, Apple Juio	£6.50	
MACCHIATO	£2.40		ice	
DOUBLE MACCHIATO	£2.80	GREEN REVIVER	£7.00	
LATTE	£3.40	Apple Juice, Avocado, Spinach, Banana,		
CAPPUCCINO	£3.40	BANANA MILKSHAKE Milk, Vanilla Ice Cream, Banana, Vanilla	£6.50	
FLAT WHITE	£3.30	Syrup		
AMERICANO	£3.00	BERRY MILKSHAKE Milk, Vanilla Ice Cream, Strawberries, Blueb	£6.50 erries,	
MOCHA	£3.70	Blackcurrant Jam	00.50	
HOT CHOCOLATE	£3.70	ICED TEA	£3.50	
MATCHA LATTE	£4.50	SOFT DRINKS		
CHAI LATTE	£3.90	STILL WATER	£2.00	
TEAS	£2.50			
(English Breakfast/ Earl Gray/		STILL WATER 1L	£4.50	
Camomile / Lemon & Ginger/ Green Tea)		SPARKLING WATER 41	£2.00	
		SPARKLING WATER 1L	£4.50	
ICED COFFEE		COKE COKE ZERO	£2.50 £2.50	
ICED LATTE	£3.90	FANTA ORANGE	£2.50	
ICED AMERICANO	£3.50	SPRITE	£2.50	
FRAPPÉ	£4.00	LEMON SODA	£2.50	
ICED ESPRESSO	£3.00	ORANGE SODA	£2.50	
	20.00	SANTAL Peach/Pear/Apricot	£3.00	
COFFEE SYRUPS £0.30 NON DAIRY MILKS £0.50 CARAMEL VANILLA OAT CINNAMON HAZLENUT SOYA		YOGA Blood Orange/ Peach/ Apple	£3.00	
		YOGA BLUEBERRY	£4.00	
CINIAMON HAZEENOT	OND	TONIC WATER	£2.50	
		RED BULL	£2.30	
		NLD DOLL	£3.00	



MENU

LUNCH/DINNER

Mon - Sun From 12:30

SARTERS		PASTA	
BRUSCHETTA (V) Tomatoes, Garlic, Parsley, Olive Oil, Onion 200 kcal	£5.50	SEAFOOD LINGUINE OR RISOTTO King Prawns, Mussels, Calamari , Chilli, Tomato Sauce 1900 kcal	£16.95
CALAMARI FRITTI Served with fresh tartar sauce and fried courgettes	£8.95	SPAGHETTI NAPOLI (V) Napoli Tomato sauce, Basil 650 kcal	£9.95
MELANZANA DI PARMIGIANA	£8.50	PENNE ARRABIATA (V) Napoli Tomato sauce, Chilli Peppers 650 kcal	£9.95
Aubergine, Smoked Mozzarella, Sage, Parmiggiano , Basil, Tomato Sauce 380 kcal		PENNE POLLO, CREMA & FUNGHI Chicken Breast, Mushrooms, Single Cream 800 kcal	£12.95
BURRATA Burrata, Wild rocket, Cherry tomatoes, Basil, Olive oil 350 kcal	£9.95	SPAGHETTI AMATRICIANA Pancetta, Red Onions, Chilli, 800 kcal	£12.95
ANTIPASTO MISTO £9.95 Mix of Italian Cured Meats, and Italian Cheeses 350 - 650 kcal	£13.95	SMOKED SALMONE LINGUINE Smoked salmon, Cream, Tomato sauce, Shallots, Vodka 750. kcal	£14.50
SALADS		GNOCCHI ALLA SORRENTINA (V) Tomato Sauce, Basil, Smoked Mozzarella 750 kcal	£13.50
ROCKET SALAD (V) Rocket, Cherry Tomatoes, Parmesan	£5.50	SPAGHETTI CARBONARA Pancetta, Cream, Egg yolk, Parmigiano, Black pepper 800 kcal	£12.95
shaving, Balsamic Vinegar 150 kcal TOMATO & ONION (V)	£4.00	SPAGHETTI BOLOGNESE Beef Ragu Sauce, Parmiggiano, Basil 850 kcal	£12.50
Rocket, Cherry Tomatoes, Parmesan, Balsamic Vinegar 120 kcal MIX SALAD (V)	£4.95	HOMEMADE LASAGNA Classic Italian Lasagna in Beef Ragu and Bechamel sauce 850 kcal	£13.50
Mixed Leafs, Tomatoes, Onions, Carrots 180 kcal		STEAK LINGUINE Sirloin steak, Italian Sausage, Cherry Tomatoes, Chilli, White Wine 950 kcal	£15.50
FRIED		MAINS	
CHIPS (V) Fried thick cut chips 400 kcal	£3.95	12 OZ SIRLOIN STEAK Rosemary Garlic, Rocket , Parmesan shaving,	£18.95
SAUTEED POTATOES (V) with rosemary 300 kcal	£3.95	Balsamic glazing, Chips 1100 kcal SALMON FILLET Salmon fillet, Sauteed spinach, Cream, Paprika,	£15.95
FRITTO MISTO Mix of fried vegetables and seafood 750 kcal	£15.95	Prawns, and Sauteed potatoes 850 kcal POLLO MILANESE Lemon Crusted Chicken Fillet, with Chips or Spaghetti Napoli or Mixed salad 950 kcal	£13.50



ALCOHOL DRINKS

RED WINES	۵		COCKTAILS	5	
	Ĭ 175ml		ESPRESSO MARTINI	£8.5	:O
MONTEPULCIANO D'ABRUZZ	O £7.00	£22.00	APEROL SPRITZ	£8.0	
GALADINO Aromatic nose with blackberries and spice and a	a well-rounded	d,	PINK GIN SPRITZ	£8.5	_
fruit-driven finish on the palate			MIMOSA	£7.5	-
GRATI 'G' CHIANTI		£26.00	BLOODY MARY	£7.5	-
\boldsymbol{A} true classic from Tuscany, this is a medium bodie red cherries and light tannins	d Chianti with		MARGARITA	£8.5	
GALADINO VALPOLICELLA		600.00	MOJITO	£8.5	-
Light and fragrant, with soft jammy fruit ar sweet spice	nd a hint of	£28.00	NEGRONI	£8.0	00
MASSO ANTICO PRIMITIVO		£32.00	LIQUORS	25ml	50ml
Intense red colour, complex nose and fine aroma: fruit and spicy notes	s of mature re	d	IRISH WHISKEY	£4.00	£6.50
PALAZZO NERO D AVOLLA		£24.00	SCOTCH WHISKEY	£4.00	£6.50
Ruby red with intense aromas of black ber	ry fruits	224.00	BOURBON WHISKEY	£4.00	£6.50
			TENNESSEE WHISKEY	£4.50	£7.00
WHITE WINES	Ģ		LONDON DRY GIN	£4.00	£6.50
DOCCO DEL CIDAMO	⊥ 175ml		SPICED RUM	£4.00	£6.50
BOSCO DEI CIRMIOL I PINOT GRIGIO	£7.00	£22.50	VODKA	£4.00	£6.50
Pinot Grigio DOC delle Venezie Bosco dei Cirmio delicate , velvety, harmonic and fruity taste	oli stands out f	or its	COGNAC	£4.50	£6.50
PREVIATA PINOT GRIGIO BLUSH	£7.00	£22.50	Mixers £2.00	Extra	
Fruity and refreshing with flavours of apricot, peach and strawberries			BEERS & CIDER	RS	
LANGUORE TREBBIANO CHARDONNAY		£24.50	PERONI		£4.50
Crisp and elegant with enticing fruit aromas			PERONI 0% NASTRO AZZURRO ALCOHOL		£4.00
ASCHERI GAVI DI GAVI The wine is light and fresh with hints of lemon a		£30.00	CORONA EXTRA LAGER BEER		£4.50
grapefruit on the palate and a long, mineral finis	n		BUDWEISER	į	£4.50
PROSECCO	Q		LAGER BEER		07.50
	<u> </u>		PAULANER WEISSBIER BEER	,	£7.50
BOSCO PROSECCO	£7.50	£26.00	KOPPARBERG		£4.50
Pale straw in colour with bouquet and taste of			DDD1 (111) (GID DD GDD :		

PREMIUM CIDER STRAWBERRY & LIME

Pale straw in colour with bouquet and taste of $% \left\{ 1\right\} =\left\{ 1\right\} =\left\{$

green apples and flowers



KIDS MENU

BREAKFAST PASTA

NOT SO FULL ENGLISH BREAKFAST

Fried Egg, Cumberland Sausage, Smoked Bacon, Vine Tomatoes, Baked Beans, Toasted Sourdough| 450 kcal

FRENCH TOAST

One Egg brioche with vanilla and cinnamon, Blackcurrant Jam, Blueberries, Mascarpone, Maple Syrup | 850 kcal

CLASSIC HAM & CHEESE

Sliced Ham and Cheddar Sandwich | 350 kcal

BELGIAN KICK (V)

One Pancake, Belgian Milk Chocolate, Almond Flakes, Strawberries, Bananas | 580 kcal

MAPLE CLASSIC (V)

One Pancake, Butter and Maple Syrup, Blueberries | 580 kcal