



SCHEDULE OF FEES

January 2026

Therapy Sessions

Walk and Talk, Outdoor, Online or Phone

50 minutes	\$100
1 hour 20 minutes	\$150

In-home Counselling (Toowoomba and Gold areas. Conditions apply.)

50 minutes	\$140
1 hour 20 minutes	\$190

Fee Paying Referrers

REFERRERS can purchase - (Paid in advance, cond. apply.)

- Walk & Talk/Outdoor/Online/Phone
 - 6 x 50 minute sessions for \$550
 - 6 x 80 minute sessions for \$825
 - Package of 3 x 50 minute sessions and 3 x 80 minutes sessions for \$700
- In-home Counselling
 - 6 x 50 minute In-home Counselling sessions for \$750
 - 6 x 80 minute sessions for \$1100

Mental Health First Aid

Face to Face Course (12 hours)	\$290
Online Mental Health First Aid	\$350
MHFA Refresher Online	\$220