



SCHEDULE OF FEES

October 2025

Therapy Sessions

Walk and Talk, Outdoor, Online or Phone

50 minutes	\$100
90 minutes	\$150

Mental Health First Aid

Face to Face Course (12 hours)	\$290
MHFA in the workplace (at their venue, 6-10 participants)	\$350*pp
MHFA in the workplace (at their venue, 11-24 participants)	\$3200* Flat Fee
MHFA Refresher Online	\$220
Conversations about Non-Suicidal Self-Injury (Self-Harm)	\$220

Fee Paying Referrers

- All Therapy Sessions \$100 for 50 minutes. Regardless of age or circumstance.
- All Therapy Sessions \$150 for 90 minutes. Regardless of age or circumstance.
- REFERRERS can purchase 6 x 50 minute sessions for a nominated client for \$550. Paid in advance. (cond. apply).

Sliding scale for Sole Parents, Seniors, High School Students & exceptional circumstances
(cond. apply)

NDIS Referrers and Clients

- All Therapy Sessions \$100 for 50 minutes. Regardless of age or circumstance.
- All Therapy Sessions \$150 for 90 minutes. Regardless of age or circumstance.
- REFERRERS & CLIENTS can purchase 6 x 50 minute sessions for a nominated client for \$550
Paid in advance. (cond. apply).