



SCHEDULE OF FEES

November 2025

Therapy Sessions

Walk and Talk, Outdoor, Online or Phone

50 minutes	\$100
1 hour 20 minutes	\$150

In-home Counselling (Toowoomba and Gold areas. Conditions apply.)

50 minutes	\$140
1 hour 20 minutes	\$190

Fee Paying Referrers

- \$100 for 50 minutes.
- \$150 for 80 minutes.
- REFERRERS can purchase - (Paid in advance, cond. apply.)
 - 6 x 50 minute sessions for a nominated client for \$550
 - 6 x 80 minute sessions for a nominated client for \$825
 - Package of 3 x 50 minute sessions and 3 x 80 minutes sessions for \$700

Mental Health First Aid

Face to Face Course (12 hours)	\$290
MHFA in the workplace (at their venue, 6-10 participants)	\$350*pp
MHFA in the workplace (at their venue, 11-24 participants)	\$3200* Flat Fee
MHFA Refresher Online	\$220
Conversations about Non-Suicidal Self-Injury (Self-Harm)	\$220