

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast- Cinnamon rolls, mangos. Lunch- Sloppy joes with steamed carrots and blueberries Snack- Fruit & yogurt waffle cones	4 Breakfast- Blueberry muffins Lunch- Chicken salad sandwiches with sweet potato fries Snack- Frozen yogurt banana pops	5 B- Sheet pancakes with mixed berries. L- Chicken soup with potatoes and spinach. S-cubed cheese, ham, and pretzels	6 Breakfast- Bacon, egg, and cheese breakfast bowls with tomato salsa. Lunch- Grilled chicken, macaroni & cheese, yellow squash, & mangos Snack- applesauce & graham crackers	7 Breakfast- Banana bread Lunch- Chalupas with tomato, lettuce,cheese, avocado, and pineapples. Snack- Strawberry shortcake
6 Breakfast- Biscuits with sausage gravy. Lunch- Grilled ham & cheese sandwiches with tomato basil soup. Snack- Apple crisp	7 Breakfast- Hash browns, scrambled eggs, toast, & strawberries Lunch- Chicken quesadillas with lettuce, tomato, & mango Snack- Yogurt medley	8 Breakfast- French toast with mixed berries. Lunch- Spaghetti with green beans & garlic rolls Snack- Trail mix	9 Breakfast- Breakfast casserole cups Lunch- Cheeseburger macaroni. Snack- Sweet potato chocolate chip muffins	10 Breakfast - Assorted fruit Muffins Lunch - Meatloaf with mashed potatoes, green beans, pineapple & rolls Snack - Veggie sticks w/ranch
13 Breakfast- Bacon dippers with mixed berries Lunch- Beef tip, gravy, & rice. Snack- Cinnamon bread	14 Breakfast- Ham & cheese croissants. Lunch- Chicken alfredo with broccoli, rolls, & sliced pears. Snack- bananas & vanilla wafers	15 Breakfast- Sausage, egg, & cheese tacos Lunch- Chicken spaghetti, bell pepper, bananas Snack- Granola bars	16 Breakfast- Yogurt parfaits Lunch- Broccoli chicken casserole Snack- Apple slices, animal crackers	17 Breakfast - Banana bread Lunch - Veggie pizza, pineapples Snack - Assorted fruit muffins
20 Breakfast-Biscuits and gravy with Mixed berries. Lunch- Shepards pie, strawberries. Snack- Bananas & Graham crackers	21 Breakfast- Sausage patties, biscuits, & Strawberries. Lunch- Chicken pasta bowls, sliced pears Snack-Yogurt Medley	22 Breakfast- Waffles with bananas. Lunch- Beef noodle casserole, broccoli, Snack- Veggie Straws w/ranch	23 Breakfast- Pancakes with blueberries Lunch- Spaghetti and meatballs, green beans, apple slices Snack-Cheese & Crackers	24 Breakfast- French toast, Strawberries Lunch-Chicken Fajita quesadillas w/lettuce & tomato & cheese Snack- graham crackers, applesauce
27 Breakfast- Cinnamon apple oatmeal Lunch-Meatloaf, mashed potatoes, broccoli, bananas Snack-Cinnamon bread	28 Breakfast - Bacon dippers w/blueberry Lunch - Grilled ham/cheese sandwiches, w/tomato soup. Snack - Bananas & vanilla wafers	29 Breakfast - Bagels with fruit spread Lunch - Chicken strips with fries & oranges Snack - Chocolate hummus & apple slices	30 Breakfast- Bacon, egg, cheese, tacos, Strawberries. Lunch- Chicken spaghetti with bell pepper & pears slices Snack-Yogurt Medley	31 Breakfast- Waffles w/bananas Lunch- cheeseburger sliders with lettuce tomato,blueberries Snack - Applesauce & graham crackers

J		