

# How Stress Can Become Strength

By: Pastor David Rodriguez

# James 1:1-12

- Stress is Predictable (v.2)
- Stress is Problematic (v.2)
- Stress is Paradoxical (vv.2)
- Stress is Purposeful (v.3)
- Stress is Perfecting (v.4)
- Stress is Profitable (v.4)