

How To Heal Your Wounds



Isaiah 1: 4-6

“Bad behavior is the language of the deeply wounded.”

What Causes Wounding?

- Childhood Abuse
- Traumatic Experiences
- Betrayal
- Rejection
- Distorted Thinking

“Explanation of motivation is not justification, but illumination.”

Isaiah 1:4-28

- Recognition (vv. 4-6)
- Repentance (v. 16)
- Replacing (v. 17)
- Reframing (v.18)
- Resolving (vv. 19-20)
- Reconciliation (vv. 26-27)
- Reflection (v.28)