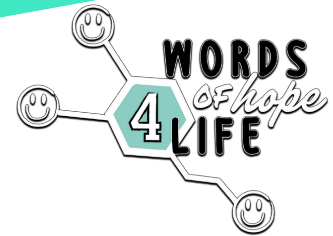


LIVE IN THE MOMENT VIEWFEST 2025

Mental Health Walk & Celebration
@ The Detroit Zoo July 13th, 2025



What is ViewFest?

ViewFest is a revolutionary "event based" approach to mental wellness education, coping/resiliency skill development and community connection opportunities. Curated by leaders in mental health, fashion, music, education and parenting, Viewfest is packaged and branded as an "on-tour" festival experience with a mental health twist that specifically addresses the challenges of prevention, stress, anxiety, depression.

Event Times

8:00am	TENT ACTIVITIES BEGIN
8:30am	GENERAL WELCOME AT THE MAINSTAGE - GUEST SPEAKER(S)
8:45am	CASUAL ZOO WALK BEGINS

ALL PARTICIPANTS MUST BE CHECKED IN AND INSIDE THE ZOO BY 11:00AM

12:30pm	RAFFLE WINNERS ANNOUNCED
1:00pm	FESTIVAL ENDS/TENT ACTIVITIES CLOSE - ENJOY YOUR DAY AT THE ZOO

Activities

- No Limits, No Labels: The Mental Health Journey
- The Essence of Now: A Sensory Experience
- Trees of Hope
- Butterfly Garden
- Imagine Bus
- Hug Buddy Postcards
- Opioid Awareness: A Journey to Hope
- Fidget & Candy Buffets
- Bravery Bears
- Affirmation Mirrors
- Raffle Baskets

Registration

Tickets for Viewfest are **free**, but registration is required. Scan QR code below to get your ticket!



Website

For more information, visit
www.ViewFest2025.com