

# **VIEWFEST: Mental Health Walk & Celebration**

## What is ViewFest?

ViewFest is a revolutionary "event based" approach to mental wellness education, coping/resiliency skill development and community connection opportunities. Curated by leaders in mental health, fashion, music, education and parenting, Viewfest is packaged and branded as an "on-tour" festival experience with a mental health twist that specifically addresses the challenges of prevention, stress, anxiety, depression.

## How Does ViewFest compare to Other mental health events?

ViewFest stands apart from other festivals by blending entertainment, education, and mental wellness in a way that is both immersive and impactful. ViewFest not only provides a fun, festival-like atmosphere but also equips attendees with essential coping and resiliency skills. Its focus on community connection and mental wellness has led to ViewFest becoming one of the largest mental health festivals in the country, creating a powerful platform for raising awareness and sparking important conversations.

#### How many people are expected at ViewFest?

ViewFest attracts thousands of participants each year, drawing a diverse crowd from all walks of life. With a strong focus on community engagement, the festival has become a hub for mental health awareness and support, with over 150 community organizations actively involved in the event. These organizations collaborate to offer resources, workshops, and educational opportunities, creating a supportive environment for attendees to learn, grow, and connect. The large-scale participation and involvement of such a wide range of groups highlight ViewFest's growing impact as a leading platform for mental wellness.

#### How Do I register to attend or sponsor ViewFest?

To learn more about ViewFest, attend the event, or explore sponsorship opportunities, visit our official website at www.viewfest2025.com. Whether you're looking to be part of this transformative experience, contribute to the conversation around mental health, or support the festival's mission, our site provides all the information you need. Join us in making a difference and be part of one of the largest mental health festivals in the country!

## Who can I contact to learn more about ViewFest

or additional questions or more information about ViewFest, please contact Glen Schwartz at Glen@wordsofhope4life or call 773-619-4556. Glen will be happy to assist with any inquiries regarding the event, attendance, or sponsorship opportunities.

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