Helping families thrive.



Do you have questions or concerns about your child?

- Sleep
- Basic milestones
- Social skills
- Tantrums

- Language development
- Behavior
- ADHD
- Autism Spectrum Disorder



Cognoa is a trusted resource for those caring for children between 1 and 8 years old. Our developmental screening and expert advice helps children reach their full potential and supports parents with common challenges.

Why Cognoa?



Clinical Assessment

Our developmental assessment is the fastest way to get reliable answers about your child's development every step of the way (up to age 8).



Personalized Recommendations

Based on your child's unique needs, we offer customized, research-based activities you can do at home with your child to help them hit their milestones.



Expert Advice

Ask Cognoa offers expert answers to questions from parents like you on everything from eating and potty training to sleep and restless behavior.



Early Intervention

Our clinically-validated assessment can identify signs of developmental delay, including autism, as early as 18 months. Research has shown that early intervention can create lifelong gains for your child.



Private & Secure

What you share is private, never shared with your employer, and treated as protected health information.

Get started with Cognoa

Sign up at: cognoa.com/partner/SAP

