

Managing GLP-1s in the Workplace

the challenge

The total number of GLP-1-prescribing providers increased by **228% from July 2020 to May 2023** because of the sharp increase in their significant effect on weight loss.

GLP1 drugs are costing employers a minimum of **\$9,000 - \$10,000 per employee per year** after discounts and rebates.

Many employers don't have **programs in place** to help support employees who request coverage for new or existing GLP-1 prescriptions.



the Ciba Health solution: GLP-1 step therapies

Step Therapy is a protocol that requires patients to try a less expensive or lower-risk medication or modality before moving on to more costly, higher-risk prescriptions.

A **Step Down** protocol is designed to work with patients already on a GLP-1 or other costly medications to improve their lifestyle and work towards eliminating the medication, when possible, saving thousands of dollars.

The cost to cover Ciba Health for one year is **less than two months** of many GLP-1 medications.



about Ciba Health

Ciba Health is transforming how healthcare is delivered - and received. We are a digital therapeutics and virtual care platform that focuses on identifying the root cause of disease by utilizing whole-person assessment and medical care, lifestyle support and state-of-the-art technology. We **prevent, treat, and reverse chronic conditions** such as type 2 diabetes, pre-diabetes, obesity, auto-immune disease, digestive disorders, depression, anxiety and more.

learn more

We would love to support your team! Learn more about our GLP-1 step therapies and ask how Ciba Health can provide support for other chronic conditions, or as an elevated primary care experience, within your organization.

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ciba health

Where transformation **begins.**