Do you have questions about your child's development?

Maybe you're concerned about your child's language skills.
Perhaps you're not sure how to handle your child's sleep issues or tantrums.
You might be wondering how you will find time to take your child to see the pediatrician, a specialist, or even attend a parenting workshop.



Parenting is a journey. We're here to help.

cognoa

cognoa + YourCo

Helping families thrive.



Cognoa Can Help

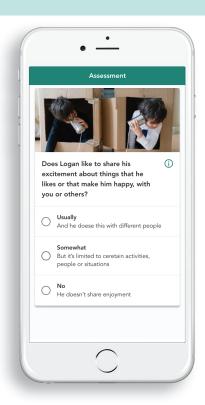
Cognoa is a trusted resource for parents that can be accessed from a smartphone. Our personalized resources and expert advice help children reach their full potential and support parents with common challenges.

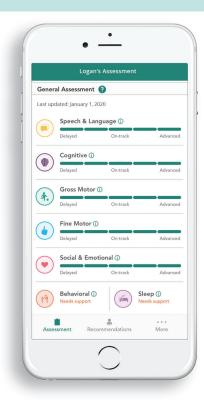
Used by Over **300,000 Parents**

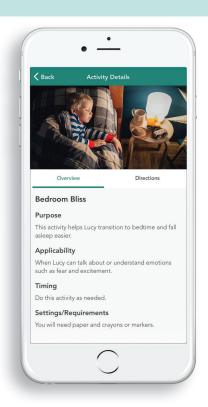
It is a wonderful tool for tracking my son's development and provides great activities for furthering his growth. The assessments are comforting and I know that if red flags were to arise, I would be right on it and ready to act!



How It Works







Developmental Assessment

Open the Cognoa app and answer a few questions about your child's behavior and development.

Detailed Results

In five minutes you'll get a snapshot of your child's development across seven key areas.

Personalized Recommendations

You'll receive simple, evidence-based activities you can do at home to support your child's progress.



Clinical Grade Resources

Our team of experts, including developmental psychologists and occupational therapists, lead educational webinars, answer common parenting questions and create simple activities to support your child's development.



Early Intervention

One in four children are at risk for developmental delay. Identifying concerns early is important. Research has shown that early intervention can create lifelong gains for your child.

We Support Families

We understand the challenges that families face so we're offering Cognoa as a covered benefit for all employees. Visit cogna.com/partner/YourCo