

Family Church Ministries

Biblical Counseling Practicum

(1 credit; 45 hours)

Preparation

Goals and Objectives

To become a skilled biblical counselor:

- For individuals who are struggling with life-controlling problems such as anger, fear, depression and foolishness
- For pre-engaged and engaged couples seeking premarital counseling;
- For married couples seeking to reconcile or strengthen their marriage.

To understand basic principles and practices for conducting a Biblical Counseling Ministry;

To understand and be able to skillfully use the Scriptures in the counseling context, and specifically, those Scripture passages pertaining to sanctification.

Be able to establish and lead a Biblical Counseling ministry in a local church.

Be able to effectively counsel people, using specific Scripture passages for specific needs.

Be able to equip and mentor others to do Biblical Counseling.

Reading and Mentoring

Read and take notes on one or more of the following books:

Discipleship Counseling by Neil Anderson

Classic Christianity by Bob George

Instruments in the Redeemer's Hands by Paul David Tripp

Dangerous Calling by Paul David Tripp

Work through the *Steps to Freedom in Christ* by Neil Anderson

Attend and take notes at a *GraceLife Conference*

Prepare questions and interview a vocational Biblical Counselor concerning Biblical Counseling.

Experience and Learning Activities

- Observe and take notes during 10 counseling appointments, and write out personal reflections on each appointment.
- Be observed in conducting 10 counseling appointments, meet with the observer afterwards for feedback, and write out personal reflections on one's effectiveness.

Ministry Practicum Report

Experience

“Does it present the student's experience in terms of what, where, with whom, when, and for how long?”

In this section, describe the ministry experience, including activities you did, where and how you did them, what kind of time you spent on the actual ministry activities (including preparation time), and what feedback you got from the people you taught, if any. **3-6 paragraphs.**

Observation and Reflection

“Does it include observations from the experience that reflect on what went well, what was challenging, etc.?”

In this section, describe the things that did and did not go well as you did this ministry experience. What were your shortcomings? What were your successes? What impact did you have? What do you wish had changed? **3-6 paragraphs.**

Conceptualization of Learning

“Does it show lessons learned from the experience?”

In this section, describe the things that you learned during the ministry practicum. Remember, the ministry practicums are designed for your learning, and not merely for you to have a ministry experience, so these documents should focus on that learning. The best submissions will include three types of learning (or a combination thereof): (1) things that you anticipated learning, and did learn; (2) things you anticipated learning, and did not learn; (3) things that you learned that you didn't anticipate. **3-6 paragraphs.**

Anticipation of Future Experience

“Does it address how those lessons might be applied to relevant experiences in the future?”

In this section, describe how you will apply what you learned through this ministry practicum in future ministry. You might also address what you need to learn in the future, in order to be successful in ministry. **2-3 paragraphs.**

Hours Spent

List the total amount of time spent on this activity in total, including any relevant preparatory work that you did, in order to award credit.

Time Spent:

20 hours	Preparation
20 hours	Ministry Experience
5 hours	Reflections, Report and Assessment
45 hours	Total (worth 1 credit)