

Veteran Care Program

Oral and Dental Care of
Combat-Induced PTSD

Psychology

Physical Therapy

Neurology

Sleep Apnea



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MISSION

US Veteran Medical Treatment for service-connected disable veterans.

Our network providers are in most Colombian cities!

Our experienced medical professionals put your healing needs first. We are proud to provide a high quality level of customer service, medical experience, and commitment to health and wellness to all our patients. Our goal is to make you feel better as quickly as possible.

Telehealth and Doctor Networks are also available for Dominican Republic, Costa Rica and Panama.

Hola!



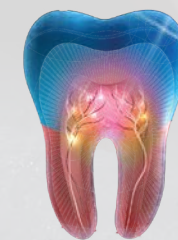
CLINIC SUPERVISOR: Dra. Lucy Jeanette Villegas Alzaate



CEO: Luis Luna

EJE MEDIC is a veteran owned medical clinic in the heart of Armenia that is now offering care programs to disabled veterans and their families. The Operations Supervisor is Dr. Lucy Jeanette Villegas Alzaate that has dedicated her life to the dental profession and positively changing the lives of her patients, including disabled military and police for more than 20 years. Raised in a military family, she understands the hardships of military family life and provides special consideration to those who served to defend their families and their country. One of Dr. Villegas main specialities is providing **ORAL AND DENTAL CARE OF COMBAT-INDUCED PTSD to the military for over 20 years.** *Dr. Villegas understands the complexities of PTSD and Oral Health and the complications derved from its effects not only to oral health but to the rest of the body, including muscular skeletal problems. Her other specialty is dental sleep medicine for treating patients with sleep apnea.* Luis Luna is the owner of EJE MEDIC, and a veteran. Intrigued by Oral and Dental Care of Combat-Induced PTSD, since many personal friends suffered from this, EJE MEDIC was conceived.

*We offer **ORAL AND DENTAL CARE OF COMBAT-INDUCED PTSD**, Physical Therapy, Neurology and Psychology, Comrehensive Dentistry, Cell Regeneration and Dental Sleep Apnea Treatment.*



ORAL AND DENTAL CARE OF COMBAT-INDUCED PTSD

Many veterans have experienced and been diagnosed with Post-traumatic stress disorder (PTSD).

Combat studies validate with association stress experienced as an intense and traumatic event can increase the odds of orofacial morbidities that may affect oral, periodontal, or masticatory system health.

There have been many studies with PTSD patients where all patients suffered from periodontal disease, and most of them (66.0%) were severely affected. A significant correlation was found between signs of parafunctional activity and severe periodontal disease (high decayed, missing, and filled teeth). The doctors of the clinic have more than 20 years experiences connecting the association of Combat induced PTSD and oral and dental disabilities with Colombia military service members and police.

MENTAL HEALTH AND PSYCHOLOGY

There are three primary mental health concerns that you may encounter serving in the military.

- **Posttraumatic Stress Disorder (PTSD).** Traumatic events, such as military combat, assault, disasters or sexual assault can have long-lasting negative effects such as trouble sleeping, anger, nightmares, being jumpy and alcohol and drug abuse. When these troubles don't go away, it could be PTSD. The 2014 JAMA Psychiatry study found the rate of PTSD to be 15 times higher than civilians.
- **Depression.** More than just experiencing sadness, depression doesn't mean you are weak, nor is it something that you can simply "just get over." Depression interferes with daily life and normal functioning and may require treatment. The 2014 JAMA Psychiatry study found the rate of depression to be five times higher than civilians.
- **Traumatic Brain Injury (TBI).** A traumatic brain injury is usually the result of significant blow to the head or body. Symptoms can include headaches, fatigue or drowsiness, memory problems and mood changes and mood swings.





PHYSICAL THERAPY

Our physical therapists are focused to take care of patients in all phases of healing, from initial diagnosis to restorative and preventive stages of recovery. Physical therapy may be a standalone option, or it may support other treatments.

Our physical therapist will conduct a physical exam and evaluation of your movement, flexibility, muscle and joint motion, and performance, including finding out about your health history.

After a review of your medical clinical diagnosis a plan of care with short-term and long-term goals will be established including physical therapy treatment and intervention and self-management recommendations (exercises a person can do at home).

NEUROLOGY

Our Neurologist will provide treatment for sleeping disorders such as central sleep apnea, narcolepsy, insomnia, and restless legs syndrome.

Our team will diagnose or continue to treat your complex conditions through a physical examination and reviewing your detailed history (including testing of mental status, vision, speech, strength, sensation, coordination, reflexes, and gait). Even as medicine becomes more dependent on technology, the neurological exam will remain a critical component of the patient evaluation.

Our clinic also has access to subspecialty-trained neurologists who -also perform intraoperative brain and spine monitoring, autonomic testing, endovascular procedures including angiograms and coiling of aneurysms, botulinum toxin injections, skin and muscle biopsies.





SLEEP APNEA DENTAL MEDICINE

Sleep apnea not only impacts memory, but it can also lead to tangible damage to the brain by depriving it of oxygen.

Brain damage was accompanied by impairments to cognition, mood and daytime alertness. May shorten life span by 10 to 20 years.

Our veteran clinic is the first veteran clinic to manufacture the ORAL APPLIANCE for veterans overseas with this disability. This is specifically beneficial for veterans having trouble utilizing CPAP.

Make an appointment today how we can help you today with your service-connected disability.

Pioneering this effort is DR. Lucy Jeannette Villegas Alzate that has over 25 years experience of dental practice treating oral dental care, TMJ, and Dental Sleep Medicine (Sleep Apnea).

VETERAN TRAVEL WELLNESS PROGRAM

ARMENIA

We understand you have a busy schedule and most veterans still live in the states. That is why we are offering VETERAN TRAVEL WELLNESS PROGRAM with emphasis are those veterans that suffer from PTSD and Anxiety and require physical therapy (Wellness programs generally last 2 to 4 weeks; Custom programs are also available).

The program provides dental care, including cosmetic denistry, psychotherapy, cell regeneration, and physical therapy activities.





VETERAN TRAVEL WELLNESS PROGRAM

ARMENIA

How do I participate: A veteran needs to register for the FOREIGN MEDICAL PROGRAM in order to participate in the Wellness Travel Program to receive physical therapy and psychotherapy. You have to VA disability of at least 0% to participate in the program. Dental service and Cell Regeneration is part of the program. We are the only clinic overseas that provides veterans with comprehensive dental care and cell generation. Conditions may apply. You are responsible for travel, lodging, and food costs.

VETERAN WELLNESS TRAVEL PROGRAM

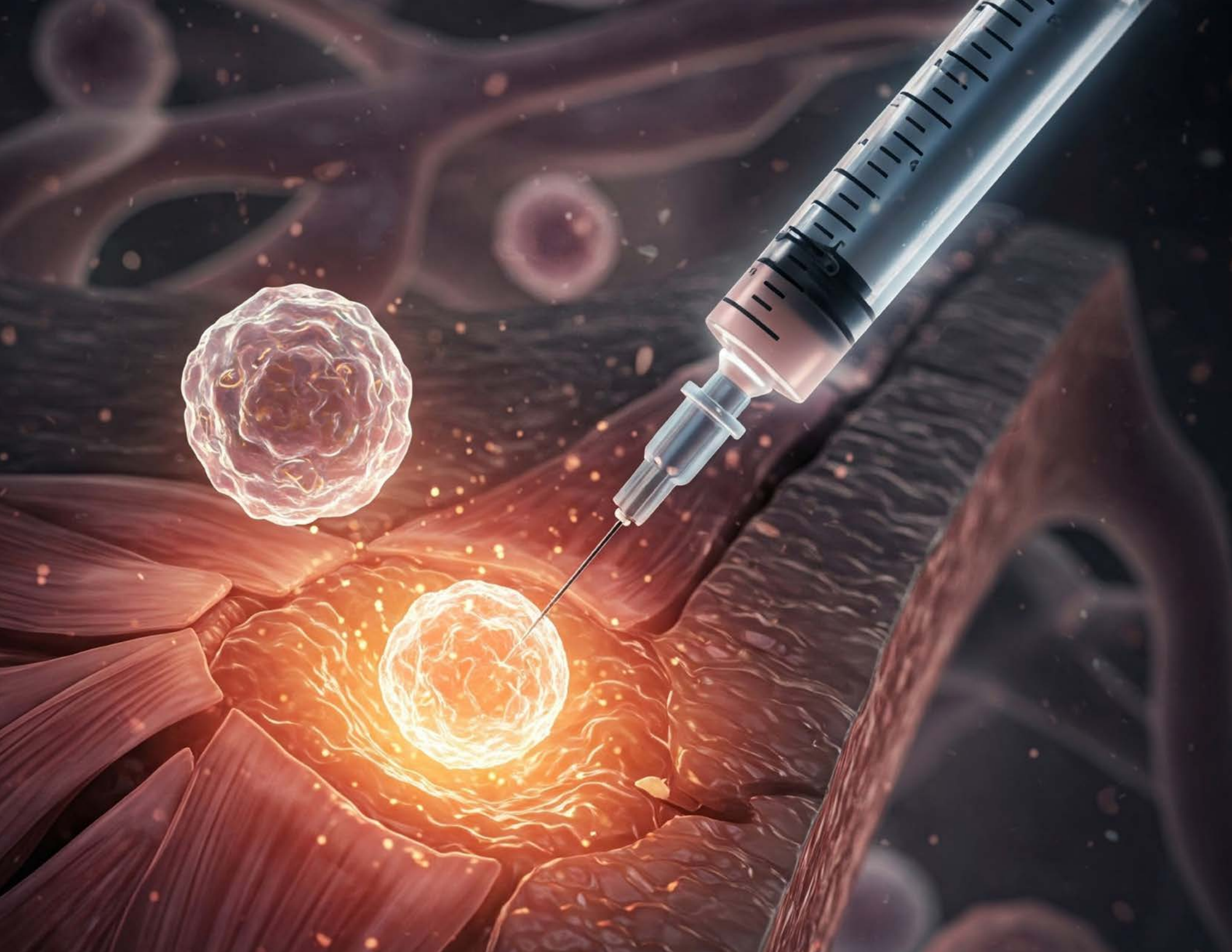


COSMETIC DENTISTRY

As long as you have healthy teeth and gums, you can pursue cosmetic dental treatments. But if you have extensive cavities or gum disease, our dentist will want to address those conditions first. Once your smile is healthy again, you can decide which cosmetic treatments you want to explore.

What are examples of cosmetic dentistry? Cosmetic dentistry strives to enhance smiles by achieving balance, symmetry, and aesthetic appeal. Common cosmetic dental procedures include teeth whitening, dental bonding, and tooth and gum contouring.





VETERAN TRAVEL WELLNESS PROGRAM

CELL REGENERATION

ORTHOPEDIC TRAUMA SURGEON WITH MORE THAN 20 YEARS EXPERIENCE will consult you if you are a good candidate. Secretary of Health of Colombia has strict regulations for the use of platelet-rich plasma and stem cell procedures. Colombia has some of the highest standards of medical care.

PLATELET-RICH PLASMA:

Platelet-rich plasma consists of two elements: plasma, or the liquid portion of blood, and platelets, a type of blood cell that plays an important role in healing throughout the body. Platelets are well-known for their clotting abilities, but they also contain growth factors that can trigger cell reproduction and stimulate tissue regeneration or healing in the treated area.



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