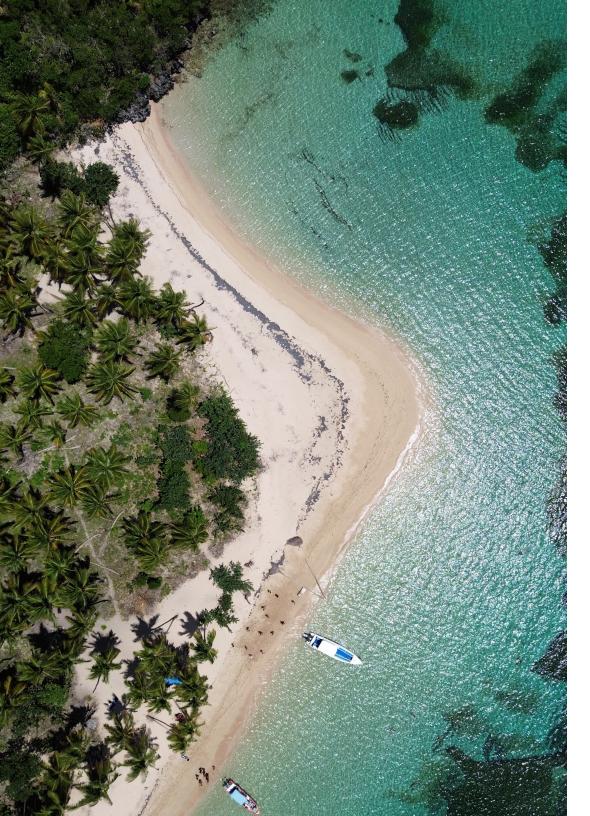


VETERAN TRAVEL WELLNESS PROGRAM
LAS GALERAS





VETERAN TRAVEL WELLNESS PROGRAM

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LAS GALERAS, SAMANA PROVINCE DOMINICAN REPUBLIC

In the heart of the Las Galeras, a quaint fishing village situated at the northeastern tip of the Samaná peninsula, veterans experience a transformational journey with other veterans. The tranquility and relaxed vibe of Las Galeras, complete with its serene, secluded beaches facilitates this journey.

The VETERAN TRAVEL WELLNESS PROGRAM is designed for those veterans that suffer from PTSD, Depression or Anxiety for 9-14 day Cognitive Behavior Therapy Program. The program provides psychotherapy and physical therapy, and ocean therapy. Psychotherapy will be conducted in the morning and late evening, and Physical Therapy in the morning. During the day, the group will travel to various beaches to disconnect and meditate with their veteran tribe.





EL VALLE - MEDITATION/OCEAN THERAPY DOMINICAN REPUBLIC

Explore the stunning Playa El Valle beach, nestled between two mountains draped in lush tropical foliage and adjacent to a flowing river. This unique setting allows visitors to enjoy a refreshing swim in the river when ocean currents are too strong, providing a safe alternative to the sea.

ERMITANO - MEDITATION/OCEAN THERAPY DOMINICAN REPUBLIC

Playa Ermitano is a tranquil and stunning retreat in the Dominican Republic, perfect for those seeking an off-the-beaten-path experience. With its untouched beach, vibrant marine life, and lush surroundings, this hidden gem invites you to connect with nature and enjoy a peaceful escape. Veterans may explore the rainforest trails, snorkel in the crystal-clear waters, or unwind on the pristine sands—this is the essence of Playa Ermitano.





LEVANTADO - MEDITATION/OCEAN THERAPY DOMINICAN REPUBLIC

Humpback whales are sighted during the seasons from January to March (As early as late December). The lush vegetation with its beautiful beaches compete for the reign. Lovers of nature and striking beauty came looking for a paradise and found it on Cayo Levantado. The entire island is a little gem, located just off the Samana peninsula and is a perfect place to escape for a day. Powder-white sand, crystal-clear turquoise waters - ideal for snorkeling or gentle swimming. Various birds are found there, such as Hispaniolan parakeets, swans and gannets.

FRONTON - MEDITATION/OCEAN THERAPY DOMINICAN REPUBLIC

The shoreline is a true balm for the soul, where powdery white sand gleams at the foot of a majestic 90-meter (300-foot) rocky cliff. Bright green coconut trees sway along the coast.





RINCON - MEDITATION/OCEAN THERAPY

DOMINICAN REPUBLIC

Often hailed as one of the world's finest, Playa Rincón is a pristine stretch of white sand nestled between swaying palms and lush mountains. Spanning approximately 2.5 miles (4 kilometers) along an undeveloped stretch of coast, this Caribbean gem remains unspoiled and serene. Fringed by coconut palms and bordered by majestic cliffs, this secluded beach feels like a hidden paradise, perfectly distanced from the bustle of civilization.



SAMANA BAY - MEDITATION/ OCEAN THERAPY DOMINICAN REPUBLIC

Experience the rare opportunity to observe humpback whales in their natural calving and mating grounds in Samana Bay, Dominican Republic. Hear the mesmerizing solo courting songs of male humpbacks, and marvel at breathtaking displays of flippering, tail lobbing, and breaching by one of the Atlantic's most active whale species (Late Dec -Mar).

