



## Confidential Patient Health Record

### Patient information

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_

Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Date of birth (dd/mm/yy) \_\_\_\_/\_\_\_\_/\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to contact: \_\_\_\_\_

Have you received massage therapy before? Yes No

Name of Medical Doctor: \_\_\_\_\_

Address: \_\_\_\_\_ May we contact your doctor? Y / N

How did you hear about the clinic? Internet\_\_Ad \_\_Doctor\_\_Other \_\_Friend (name) \_\_\_\_\_

Please indicate conditions you are experiencing or have experienced:

<p><u>Cardiovascular</u>            High blood pressure            Low blood pressure            Chronic congestive heart failure            Heart attack            Phlebitis/ varicose veins            Stroke/CVA            Pacemaker or similar device            Heart disease</p> <p><u>Respiratory</u>            Chronic cough            Shortness of breath            Bronchitis            Asthma            Emphysema</p> <p>Is there a family history of any of the above?            Yes / No</p>	<p><u>Infections</u>            Hepatitis            Skin conditions            TB            HIV            Herpes</p> <p><u>Other conditions</u>            Loss of sensation, where?            _____            Diabetes, onset: _____            Allergies/hypersensitivity to what? _____            Type of reaction:            _____</p> <p>Epilepsy            Cancer, where?            _____</p> <p>Skin condition, what?            _____</p> <p>Arthritis            Is there a family history of arthritis? Yes / No</p>	<p><u>Head/Neck</u>            History of headaches            History of migraines            Vision problems            Vision loss            Ear problems            Hearing loss</p> <p><u>Women</u>            Pregnant, due:            Gynecological conditions, what?            _____</p> <p>Overall, how is your general health?            _____</p>
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<p>Current Medications:</p> <p>_____</p>	<p>Do you have any other medical conditions? (ie. Digestive conditions, hemophilia, osteoporosis, mental illness)</p>
<p>Condition it treats:</p> <p>_____</p>	<p>Yes/ No What? _____</p>
<p>Are you currently receiving treatment from another health care professional? Yes No If yes, for what?</p> <p>_____</p>	<p>Do you have any internal pins, wires, artificial joints or special equipment? Yes No What? _____</p>
<p>Surgery- date: _____</p>	<p>Where? _____</p>
<p>Nature: _____</p>	<p>What is the reason you are seeking massage therapy? Please include the location of any tissue or joint discomfort.</p>
<p>Injury- date: _____</p>	<p>_____</p>
<p>Nature: _____</p>	<p>_____</p>

<p>Date of Initial Health History</p>
<p>Update 1: _____</p>
<p>Update 2: _____</p>
<p>Update 3: _____</p>
<p>Update 4: _____</p>

Personal information collected, used, stored and disclosed by this medical practice is confidential information. 24hrs notice is required to cancel or change appointments otherwise full charges apply.



## Privacy Policy

Massage treatments are provided following a routine. The therapist will spend the first few minutes interviewing and assessing you. Together you will discuss the plan for the day's treatment. The hands on treatment will follow; all reasonable efforts are taken to maintain your modesty and privacy.

If you feel uncomfortable **at any time**, the treatment can be stopped or modified at your convenience.

Clients are asked to give 24 hours notice for any appointment cancellations. Should a client arrive late, the appointment will end at the scheduled time.

For any missed appointments the client will be charged for the full fee.

The information gathered at this clinic will not be shared unless:

- Required by law
- To collect payment from a third party
- Client requests us to do so
- To request advice on a client case (identity will not be revealed)

Please note that the clinic will not accept harassment of any nature. This includes suggestive remarks, sexual banter, and unwanted touch without consent. We will not treat anyone under the influence of recreational drugs or alcohol.

I acknowledge that I have read this consent form and I have discussed, or have been offered the opportunity to discuss, with my Registered Massage Therapist the treatment options and recommendations for my treatment, and all of the above in Privacy Policies at Ottawa Chiropractor and Sports Injury Clinic.

I consent to the massage therapy treatment recommended to me by my Registered Massage Therapist.

I intend this consent to apply to all my present and future Massage Therapy treatments.

Date this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

Client Signature \_\_\_\_\_ Witness Signature \_\_\_\_\_